



**norse**  
CATERING



*Fresh Ideas Feeding Minds*

# Spring / Summer

Menu 2024



Introducing our Spring/Summer School Lunch Menu, offering high quality, varied dishes using local and seasonal ingredients where possible!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our **Allergen Aware Registration Form** which can be found in the school office or on our website.

We use **wholewheat flour** in our bread and pastry recipes!

In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events — please check details with your school.

If you think your child/children may be eligible for a **free school meal visit**

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Please note the menu may be subject to change to meet local needs.



# Week One

|                 | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|-----------------|--|--|---|---|---|
| Hot Option 1    | Margherita Pizza and Tomato Pasta Salad (v)                      | Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges          | Roast Chicken with Stuffing, Mashed Potato and Gravy                            | Chicken and Sweetcorn Pasta   | Breaded Fish Fingers and Chips  |
| Hot Option 2    | Tex Mex Chilli and Steamed Rice (v)                              | Cheese and Tomato Pasta Bake (v)   | Cheese and Potato Pie with Gravy (v)  | BBQ Plant Balls with Steamed Rice (v)                                       | Tomato and Courgette Omelette and Chips (v)                                 |
| Jacket Potato   | Jacket Potato with Baked Beans                                   | Jacket Potato with Cheese and Beans  | Jacket Potato with Tuna Mayo  | Jacket Potato with Baked Beans  | Jacket Potato with Cheese   |
| Served with     | Peas and Sweetcorn   | Mixed Salad  | Carrots and Green Beans   | Mixed Vegetables  | Peas or Baked Beans   |
| And for Pudding | Orange Cupcake   | Strawberry Ice Cream   | Toffee Cream Shortbread   | Cocoa Krispie Bar   | Summer Berry Muffin   |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Popcorn and Orange Cupcake | Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Strawberry Ice Cream | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Toffee Cream Shortbread | Tuna Mayo or Cheese Sandwich, Sultanas, Orange Wedges and Cocoa Krispie Bar | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Summer Berry Muffin |

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

# Week Two

|                 | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|-----------------|---|---|---|--|---|
| Hot Option 1    | Margherita Pizza and Potato Wedges (v)                            | Breaded Chicken Goujons in a Wrap with a Dip and Savoury Rice       | Roast Chicken with Stuffing, Roast Potatoes and Gravy               | Cheesy Pasta (v)   | Breaded Fish Fingers and Chips  |
| Hot Option 2    | Homemade Bean Burger in a Roll with Potato Wedges (v)             | Plant Sausages and Tomato Pasta (Ve)                                | Vegetable and Tomato Pastry Plait with Roast Potatoes and Gravy (v) | Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)         | Garden Vegetable Goujons and Chips (v)  |
| Jacket Potato   | Jacket Potato with Baked Beans                                    | Jacket Potato with Cheese and Beans                                 | Jacket Potato with Tuna Mayo  | Jacket Potato with Baked Beans                                       | Jacket Potato with Cheese   |
| Served with     | Sweetcorn   | Crunchy Veg Sticks  | Carrots and Peas  | Mixed Vegetables   | Peas or Baked Beans   |
| And for Pudding | Vanilla Cupcake   | Cocoa Oatcake   | Shortbread  | Fruit Jelly  | Cherry Bakewell Cupcake   |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Popcorn and Vanilla Cupcake | Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Cocoa Oatcake | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Shortbread  | Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges and Fruit Jelly | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Cherry Bakewell Cupcake |

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

# Week Three

|                 | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|-----------------|--|--|---|--|--|
| Hot Option 1    | Margherita Pizza and Potato Wedges (v)                         | Beef Bolognese with Pasta  | Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy  | BBQ Chicken with Savoury Rice  | Breaded Fish Fingers or Salmon Fingers and Chips                           |
| Hot Option 2    | Vegemince Bolognese with Pasta (v)                             | Loaded Tomato and Bean Bake (v)  | Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)  | Cheese and Tomato Pasta Bake (v)   | Cheese and Potato Pastry Pinwheel with Chips (v)                           |
| Jacket Potato   | Jacket Potato with Baked Beans                                 | Jacket Potato with Cheese and Beans                                    | Jacket Potato with Tuna Mayo  | Jacket Potato with Baked Beans   | Jacket Potato with Cheese  |
| Served with     | Crunchy Veg Sticks   | Broccoli   | Mixed Vegetables  | Sweetcorn  | Peas or Baked Beans  |
| And for Pudding | Cocoa Mousse   | Lemon Shortbread   | Marble Cake   | Banana Flapjack  | Iced Sprinkle Cake   |
| Packed Lunch    | Ham or Cheese Sandwich, Salad Sticks, Popcorn and Cocoa Mousse | Ham or Cheese Sandwich, Pizza Finger, Melon Wedge and Lemon Shortbread | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Marble Cake | Tuna Mayo or Cheese Sandwich, Popcorn, Orange Wedges and Banana Flapjack | Cheese and Tomato Pasta Pot, Salad Sticks, Sultanas and Iced Sprinkle Cake |

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily