



JUNE 2022

QUEEN'S HILL'S NEWS

It has been a busy few weeks and this last half term of the academic year seems like it will be just as full on!

The Year 5 children who attended Eaton Vale overcame many of their fears on high ropes and water whilst for many of the Year 3 children at Whitwell with the Year 4s it was their first time away from home. I know you join me in thanking the staff for ensuring events like this are able to happen, they are so important in developing our children into resilient and independent team players.

Like many schools, we have found that many of the children are struggling with conflict within friendship groups. I am sure that a lot of this is to do with the prolonged period that children spent being home educated and/or being in "class" bubbles with very few children for a significant amount of their childhood. We are spending a lot of time helping the children to navigate their feelings and emotions when there are fall outs. If this issue resonates with you, then do take a look at the following links which can help you to support your child at home with friendships in and outside of school.

Just One Norfolk is the first port of call for most parents and carers now, with advice and support for all sorts of issues. The extract below is from their emotional health section:

It is common for friendship groups to change over time. Interests and points of view change as children grow and develop. It can be hard to watch your child work out which friendships are working and which have 'run their course'.

Children sometimes make friends and then fall out again for a short time. Many different groupings and re-groupings happen, especially as interests and experiences change over time.

If your child is having a hard time with a friend you can help them by keeping calm and listening to what they say. This will give them the space to think through what has happened. Don't feel you have to fix the problem - letting them talk is helpful in itself.

- Don't get cross or talk badly about the other child as young friendships can be up and down and it may well settle.
- Ask your child what they think they could have done differently - sometimes it will be your child that has made the mistake. When this happens help them work out how to put things right. Reassure them it will be ok.
- If the fallouts are getting very frequent and your child is struggling, speak to school to see if they can help.

If you find out that your child is being bullied, or has been involved in bullying someone else it is important to try and stay calm and find out the facts.

<https://www.justonenorfolk.nhs.uk/emotional-health/children-young-peoples-emotional-health/friendships/> There's a great video on here.

<https://www.sitters.co.uk/blog/how-to-help-children-when-they-fall-out-with-friends.aspx>

We need to remember that our children haven't had the opportunity to have the play dates that they would have had without the pandemic. These play dates often help the children to navigate fall outs in a less public and smaller group and allow adults to help the children to talk to each other about sharing and agreeing what game to play and often lead to deeper friendships.

If your child is struggling with friendships it may be worth considering them joining a sports club or Guide/Scout group as this will help them enjoy structured time with others and begin to feel more confident in other settings.

This week our Year 6s go on their residential - we hope the weather is kind for them. The children have been amazing over the last few months and approached their SATs with confidence and maturity. Whatever their outcomes, they have shown that they are "high school ready" and we hope that they enjoy the last few weeks with us here at Queen's Hills.

Thank you for your continued support,

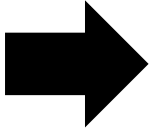
Penny Sheppard

DIARY DATES

Wednesday 8 th June	Y6 Eaton Vale until Friday 10 th June
Friday 10 th June	8.50am – Sauterelles Show and Share Assembly
Friday 10 th June	2.20pm – Canards Show and Share Assembly
Tuesday 14 th June	Friends Father's Day Shop
Tuesday 14 th June	Reception Gressenhall Trip
Thursday 16 th June	Sports Day (Y1-3 in the morning, Y4-6 in the afternoon). This will be postponed to 23 rd June if it is too wet to go ahead.
Friday 17 th June	Y1 Sheringham Park Trip (Half)
Friday 17 th June	8.50am – Hirondelles Show and Share Assembly
Friday 17 th June	2.20pm – Hiboux Show and Share Assembly
Friday 17 th June	Reception – The Big Toddle
Wednesday 22 nd June	Y1 Sheringham Park Trip (Half)
Wednesday 22 nd June	3pm-6pm – Friends Summer Fair
Friday 24 th June	8.50am – Papillons Bleus Show and Share Assembly
Friday 24 th June	2.20pm – Loutres Show and Share Assembly
Wednesday 29 th June	Norfolk Show – Y3
Thursday 30 th June	Norfolk Show – Y4
Friday 1 st July	Y2 Cromer Trip
Monday 4 th July	Nursery and Reception Open Evening for September 2022 Intake
Wednesday 6 th July	Y5 Tower of London Trip
Wednesday 6 th July	Y7 Transition (Taverham High)
Thursday 7 th July	Y7 Transition (Taverham High)
Friday 8 th July	8.50am – Papillons Rouges Show and Share Assembly
Friday 8 th July	2.20pm Taupes Show and Share Assembly
Monday 11 th July	Y7 Transition (Ormiston Victory Academy)
Monday 11 th July	Y1-6 Parents Evening (3pm-6pm)

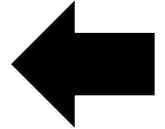
Tuesday 12 th July	Y7 Transition (Ormiston Victory Academy)
Wednesday 13 th July	Y7 Transition (Ormiston Victory Academy)
Wednesday 13 th July	Y5 STEM Visit
Thursday 14 th July	Rock Steady Concert
Thursday 14 th July	6pm – Romeo and Juliet (Tickets to Follow)
Friday 15 th July	Y4 Ultimate Frisbee
Friday 15 th July	1.30pm – Romeo and Juliet
Wednesday 20 th July	3-5pm – Mrs Sheppard's Leaving Picnic
Friday 22 nd July	9am- Leavers Assembly

TERM DATE



SUMMER TERM 2022

Last day of term – Friday 22nd July 2022



AUTUMN TERM 2022

Monday 5th September 2022 – Friday 16th December 2022

Half Term

Friday 24th October 2022 – Friday 28th October 2022

Inset Days (Closed to Children)
Friday 21st October 2022

SPRING TERM 2023

Tuesday 3rd January 2023 – Friday 31st March 2023

Half Term

Monday 13th February 2023 – Friday 17th February 2023

SUMMER TERM 2023

Tuesday 18th April 2023 – Thursday 20th July 2023

Half Term

Monday 29th May 2023 – Friday 2nd June 2023

Bank Holiday (Closed to Children)

Monday 1st May 2023

WHAT'S GOING ON AT QUEEN'S HILL?

Keep Informed at:

queenshill.norfolk.sch.uk



Queen's Hill Primary



@QPrimary

Free training available for parent/carers

The Solihull Approach 'Understanding Your Child' is a free online course to help you recognise emotions in yourself and your child, and helps you to see how these emotions can impact on behaviour.

The course can help increase your confidence as a parent or carer, so that difficulties encountered in everyday life are reduced by seeing a child's behaviour from their point of view. A closer relationship between you and your child can develop, resulting in a calmer and happier household for everyone.

For more information and access to the course, go onto the Just One Norfolk website:
www.justonenorfolk.nhs.uk/online-learning

UNDERSTANDING YOUR CHILD



SOLIHULL APPROACH

Mrs Sheppard's Farewell Picnic

Please join us in celebrating our wonderful school and saying a thank you to Mrs Sheppard at our family picnic!



Come and join us in celebrating
what makes
Queen's Hill Primary School
special

When: Wednesday 20th July 2022
Where: Queen's Hill Primary School
Time: 3pm-5pm

Bring a blanket, a picnic and your family!

Book Fair Success!

Thank you so much to everyone who purchased books from the Book Fair. We were able to select lots of new books for our school libraries!



Congratulations Oliver!

Well done to Oliver, in Year 6, who came second in The Great Run 8-11 category and received a silver trophy.

He completed the 2.5k course around the Etihad stadium in 8 minutes 34 seconds, his personal best – an amazing achievement.

Oliver also managed to meet some of his running heroes, including Ellis Cross and Eilish McColgan who won the London Vitality 10k earlier this month.



Enterprise Club

Many thanks to both the Year 6 children who worked hard during the Enterprise project and for the local community for their support during the selling of items on Monday and Tuesday this week. The support was greatly appreciated and the children are currently deciding what the money will go towards.

The aim of the club was to offer pupils the opportunity to develop essential skills that will prove invaluable both in their academic life and future careers. These include:

- Maths and English
- Collaboration and Teamwork
- Responsibility and Ownership
- Money Management
- Creativity

We will let you know how much they made, and what it is going towards ASAP.



Welcome Pepper!



Hi, my name is Pepper, I am a Toy Cockapoo and I am 19 months old. I like going on walks, especially on the beach where I get to chase my ball. My favourite snacks are cucumbers, carrots and sardines.

At the moment I am training to be a school dog. This means I have to be ignored for a few weeks, so if you do see me in the office, please do not make a fuss of me. Hopefully, when I have got used to knowing that I'm at work, it won't be long before I can have lots of snuggles from everyone!

I have been watching Molly and Jasper carefully and I can't wait to spend time with the children in the future.

Litter Picking with the RotaKids

The Rotakids have been out in the local community completing a litter pick. The children were shocked with how much rubbish they found but are happy knowing that they have made a positive impact on their local community.



Terrific Tuesdays

We are delighted to confirm that this popular FREE summer event will be taking place again this year at Queen's Hill Primary School with the Summer Reading Challenge.

TIME: 11.00-1.00

DATES: 26th July, 2nd August, 9th August and 16th August

More details to follow - ALL WELCOME

SPORTS DAY 2022!

Sports Day is fast approaching and on Thursday 16th June, the children will be taking part in various sporting activities such as shuttle runs, speed bounce, javelin and many more. Parents and carers are very welcome to come along and watch their child/children entering the school from Kestrel Avenue. There will be limited seating available.

Years 1, 2 and 3

Time: 9:15-11:30am

Location: Main school Field

Clothing: Children to come into school in the morning in their PE kits. If they have a T-shirt in their house colour, they can wear this. Alternatively, they can wear their normal PE shirt. There is no need to purchase a coloured T-shirt specifically for this event. Please make sure your child also has a sun-hat, water bottle and sun cream for the day. The children will change into their normal school uniform after the event.

Years 4, 5 and 6

Time: 12:30 - 2:45pm

Location: Main school Field

Clothing: Children will get changed in school. Please ensure your child has their PE kit in school. If they have a T-shirt in their house colour, they can wear this. Alternatively, they can wear their normal PE shirt. There is no need to purchase a coloured T-shirt specifically for this event. Please make sure your child also has a sun-hat, water bottle and sun cream for the day.

If the weather is too wet for Sports Day on Thursday 16th June, it will be postponed to Wednesday 23rd June (same timings)



Jubilee Picnic

On Friday 27th May we celebrated The Queen's Platinum Jubilee. The school community came together to mark this historic event with a picnic style lunch outside. The field was swathed in children wearing red, white and blue alongside the surrounding patriotic bunting. A huge thank you to the tremendous kitchen staff for a delicious selection of celebratory food. It was a wonderful occasion with the older children supporting the younger ones and hopefully something they will remember in years to come.

Parent Voice Counts Meeting

Parent Voice Counts is the chance for you to meet Senior Leaders to discuss the three areas that they would like your input on. It gives you the opportunity to have your say on future ideas and projects.

If you would like to attend the meeting please email office@queenshill.norfolk.sch.uk who will send you further details.



Free School Meals

Your child may be eligible for Free School Meals! FSM are now the gateway to Cost of Living vouchers and Big Norfolk Holiday Fun!

Qualifying Factors:

- Universal Credit - with an annual earned income of no more than £7,400 after tax
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Working Tax Credit run-on (paid for the four weeks after you stop qualifying for Working Tax Credit)
- Child Tax Credit (with no Working Tax Credit) with an annual gross income of no more than £16,190

To see if you qualify, please contact the school office. If you would like further information you can contact Laura Baker, our family support advisor on 07825130002.

My Happy Mind

Just a reminder to all parents to please download the free myHappymind app to help your child understand how their brain works and to support them in developing positive skills and habits to be their very best selves.

myHappymind is delivered in schools by class teachers through a series of interactive lessons and then the children apply these learnings throughout the day.

To further embed this learning and ensure that you are able to engage in these topics with your child, myHappymind has developed a set of resources for parents and carers. These resources can be accessed online on your computer, or through an app on your phone.

The resources allow children to continue to practise some of the habits they have developed at school, such as happy breathing, and for you to learn more about what they are learning in the program. Also included are activities you may wish to do together at home, to complement the in-school lessons.

To access these materials just go to:

<https://myhappymind.org/parent-resources>

We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum.

If you have any technical questions about accessing the resources, please contact:

hello@myHappymind.org





Norse
Fresh Ideas Feeding Minds

There is such a thing as a **FREE LUNCH!**

Your child may be eligible for a free school meal which could save you over £400 a year and gain additional funding for your school. To see if you qualify, visit www.gov.uk/apply-free-school-meals



Don't forget school meals are still free for Reception, Year 1 and Year 2 regardless of circumstances!



 NorseCatering norsecatering.co.uk



Father's Day Shop

Your child will choose a gift and sweet treat during school hours and bring home with them in time for the special day!

Order now - www.pta-events.co.uk/friendsofqhps

Order deadline - Friday 10th June

Shop date - Tuesday 14th June

ONLY £3 A GIFT!

You are warmly invited to the

Family Voice Norfolk AGM

Thursday, 30 June 2022

**at Ayton House, Ayton Road, Wymondham NR18 0QQ
and via Zoom**

There will be light refreshments from 6.00pm to 6.30pm,
when the meeting will begin.

Maxine Blocksidge

Senior Advisor for Special Educational Needs and Disabilities (SEND)
will give a short talk about preparations for

SE^ND^ES^T

an exciting event planned for 2023.

If you would like to attend the AGM, please let Gemma know at
office@familyvoice.org.uk
if this will be in person or online, so that she has catering numbers
and/or can send you the Zoom link.

Do you have a
problematic pooch?

Are you struggling with your
dog's behaviour?

Would you like help to
overcome your dog's
issues?

A brand new prime time Channel 4 series
is looking for misbehaving dogs and
their owners.

From small quirks to life impacting
behaviour, we've assembled a team of
the very best trainers in Britain to
help you transform your dog once and
for all.

To apply, please email: dogacademy@fivemilefilms.co.uk



FIVE
MILE
FILMS

From the makers
of Channel 4's

The Dog House

50
things to do
before you're
11¾

How many have you done?

We've been working closely with kids just like you to put together this list of the best things to do before you're 11¾. (Although lots of them are still great fun even when you're 81¾.) You'll find fun things to do for every kind of outside place, from mountains to sea, forests to fields. So what are you waiting for? Get out there and see how many you can do!

 1. Get to know a tree	 2. Roll down a really big hill	 3. Camp outdoors	 4. Build a den	 5. Skim a stone	 6. Go welly wandering	 7. Fly a kite	 8. Spot a fish	 9. Eat a picnic in the wild	 10. Play conkers
 11. Explore on wheels	 12. Have fun with sticks	 13. Make a mud creation	 14. Dam a stream	 15. Go on a wintry adventure	 16. Wear a wild crown	 17. Set up a snail race	 18. Create some wild art	 19. Play pooh sticks	 20. Go paddling
 21. Forage for wild food	 22. Find some funky fungi	 23. Get up for the sunrise	 24. Go barefoot	 25. Join nature's band	 26. Hunt for fossils and bones	 27. Go stargazing	 28. Climb a huge hill	 29. Explore a cave	 30. Go on a scavenger hunt
 31. Make friends with a bug	 32. Float in a boat	 33. Go cloud watching	 34. Discover wild animal clues	 35. Discover what's in a pond	 36. Make a home for wildlife	 37. Explore the wonders of a rock pool	 38. Bring up a butterfly	 39. Catch a crab	 40. Go on a nature walk at night
 41. Help a plant grow	 42. Go swimming in the sea	 43. Help a wild animal	 44. Watch a bird	 45. Find your way with a map	 46. Clamber over rocks	 47. Cook on a camp fire	 48. Keep a nature diary	 49. Watch the sunset	 50. Take a friend on a nature adventure



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