



JANUARY 2022

Queen's Hill's News

Dear Parents and Carers,

We have had a calm return to school following a challenging end of the term re staffing absences. If we can just make it through the next few weeks until the spring arrives, I think we will all be relieved!

Thank you to those parents who are keeping us informed of the "Covid" situation in their home. It really does help us to keep the parents and carers of our vulnerable children informed if we know there is a case within the families in the class.

This term our school improvement focus is "ensuring we know how to look after ourselves and each other". Through this focus we will be helping children to feel confident to discuss their feelings, to understand how others might be feeling and thinking about how being active and outside improves our well-being.

If you are struggling with your own wellbeing, or knowing how to support your child's wellbeing, then do take a look at the school's website <https://www.queenshill.norfolk.sch.uk/school-information/send-information/> or get in contact with Laura Baker, our parent support advisor, via the school office.

We are really thrilled that the KS2 field area continues to be developed, allowing outdoor learning to take place both on site and in the woodlands. We are so lucky to have these resources and they are becoming a big part of our curriculum.

I'm not sure that we are expecting much snow this year - but it is so difficult to predict! We much prefer to be prepared for any eventuality at Queen's Hill... and with that in mind if you are one of our regular volunteers and have a DBS check and you are happy to be on the Snow Patrol list (assisting staff who have made it in/live on the estate to keep the children entertained in the hall until other staff are able to arrive) OR if you are happy to help to clear paths on the school site - please do give Erin a call in the office.

Thank you for your continued support,

Penny Sheppard



DIARY DATES

Friday 14 th January	9am – Show and Share Assembly (Les Grenouilles)
Friday 14 th January	2.20pm – Show and Share Assembly (Les Renards)
Friday 21 st January	9am – Show and Share Assembly (Les Coccinelles)
Friday 21 st January	2.20pm – Show and Share Assembly (Les Herrisons)
Monday 24 th January	Reception – Vision and Hearing Assessment
Tuesday 25 th January	Reception – Vision and Hearing Assessment
Wednesday 26 th January	Reception – Vision and Hearing Assessment
Wednesday 26 th January	Year 1 Trip (Half the Year Group)
Thursday 27 th January	2pm – Year 1 Parent Café
Friday 28 th January	9am – Show and Share Assembly (Les Souris)
Friday 28 th January	2.20pm – Show and Share Assembly (Les Lapins)
Friday 28 th January	2pm – Reception Parent Café
Wednesday 2 nd February	Year 1 Trip (Half the Year Group)
Thursday 3 rd February	2.45pm – Library Bus
Friday 11 th February	9am – Show and Share Assembly (Les Hiboux)
Friday 11 th February	2.20pm – Show and Share Assembly (Les Aigles D)

SPRING TERM 2022

Tuesday 4th January 2022 – Friday 1st April 2022

Half Term

Monday 14th February 2022 – Friday 18th February 2022

SUMMER TERM 2022

*Wednesday 20th April 2022 – Friday 22nd July 2022

Half Term

Monday 30th May 2022 – Friday 3rd June 2022

Inset Days (Closed to Children)

Monday 25th July 2022

*Additional bank holiday on 19th April 2022 in lieu of bank holiday for Queen Reign in half-term

AUTUMN TERM 2022

*Monday 5th September 2022 – Friday 16th December 2022

Half Term

Monday 24th October 2022 – Friday 28th October 2022

Inset Days (Closed to Children)

21st October 2022

TERM DATE

WHAT'S GOING ON AT QUEEN'S HILL?

Keep Informed at:

queenshill.norfolk.sch.uk



Queen's Hill Primary



@QPrimary

Children and the Internet

There has been a lot in the media recently about the use of platforms such as Whatsapp. Like anything, used correctly it can help children to keep connected. Unfortunately, sometimes what can seem like a joke to one person can be upsetting to another and things can quickly get out of hand. It is down to parents and carers to decide what they are happy for their children to access but do make sure you are aware of what your child is writing, receiving and accessing.

One of our Y6 pupils was talking to me about how much better they felt having come off social media. They showed real maturity in their attitude and I asked them to pen something for the newsletter to share with others. It's a very honest account.

"In year 6 my class had a group chat that contained others in my class and me. On that group there was a person who I didn't really like at that time. Me and her both started to quarrel and soon others decided to join in and pick sides, all this fighting soon turned into swearing constantly. I was one of the main culprits. At that moment this group chat turned into 10/11-year-olds swearing, insulting and roasting each other thinking we were cool. All this arguing and swearing got into the hands of our head teacher who solved the situation. After having a talk with my parents I decided to remove all my friends and I only kept family on my contact. After blocking contact with all my friends the only time I talk to my friends is at school. Since I've blocked contact with my friends, I've been happier more mature and my attitude has improved."

Teachers Have Feelings Too

Please do think carefully about what you post about the school and its staff. We would always encourage you to book an appointment to talk to us about any problems rather vent online when things can then get out of hand and the postings can become very one sided. I was always brought up by the saying "If you can't say anything nice, don't say nothing at all" (Thumper from Bambi) - - terrible English, but the sentiment stands!

A Picture Paints a Thousand Words

The topic theme for this term is "A Picture Paints a Thousand Words".

If you are an artist or photographer and would like to share your passion with the children, please let your child's teacher know!

Spare Wellies!

If you have any spare children's wellies that you would like to donate to our school, please could you leave them in the school office for Mrs Chilvers.

Congratulations!

CONGRATULATIONS to Mr Ward, HLTA in Reception, who became a first-time dad in the last week of the Autumn Term to Roman. Congratulations also to Mrs Suffield, Assistant Head Teacher, whose second son arrived safely last week.

School Jumper Collection

Unsure what to do with your old Christmas jumper? Is it too small and you don't have anybody to give it to? Do you want to help save the planet? Fear not.... donate it to school and next year we will make sure your jumper continues to bring Christmas joy!
Please bring any preloved jumpers into the school office or give them to Mrs White (Yr5).

"Child – Friendly" SMART Watches

A number of children are coming to school wearing SMART watches. Whilst we appreciate the fact that they have a watch and are becoming aware of the concept of time, the "SMART" element of the watch must be disabled between 8.30 and 3pm Monday to Friday (longer if the children are in the club) as they are causing some distraction within the classroom!

If in doubt, analogue (clock face) watches are best within the school environment!

Covid-19 Update from Norwich City Council

Isolation Rules for Those Testing Positive

- Individuals may now take Lateral Flow Tests on day 6 and day 7 of their self-isolation period
- 2 negative lateral flow tests and no temperature = isolation is no longer needed
- Lateral flow tests must be taken on day 6 and day 7 of the isolation period
- Lateral flow tests must be taken 24 hours apart

Close Contact

- Pupils who are identified as close contact of a positive case by NHS Track and Trace must complete lateral flow tests daily for 7 days.

Useful Links

- Please have a look at the recent government guidance for parents/carers
- <https://www.gov.uk/government/publications/guidance-for-parents-and-carers-of-children-attending-out-of-school-settings-during-the-coronavirus-covid-19-outbreak>
- <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection#SymptomsPositiveTest>

A quick reminder of the government and NHS listed symptoms for children:

- A high temperature
- A new, continuous cough
- Loss of taste and/or smell

If you think that your child may have Covid-19, please let the office know so they can arrange home learning for your child (office@queenshill.norfolk.sch.uk).

If in doubt, try and organise a Lateral Flow/PCR test for your child if they are over the age of 5 years or seek assistance from the government website: <https://www.gov.uk/coronavirus>

IMPORTANT REMINDER - FORM HAND INS

Year 2 Synagogue Trip Letter

Year 6 Eaton Vale Trip Letter

IMPORTANT REMINDER – TRIP PAYMENTS

Year 2 Synagogue Trip

£2.80 on School Money by Friday 21st January

Year 6 Eaton Vale Trip

Confirmation Slip Handed to School Office by Friday 28th January

Non- Refundable Deposit (£56) on School Money by Friday 25th March

Instalment 1 (£50) on School Money by Friday 22nd April

Instalment 2 (£50) on School Money by Friday 20th May

(If you have chosen a different instalment option, a breakdown of costs will be sent to you)

FREE January/February Family Learning Sessions

Norwich City Council are offering one off sessions [Family learning courses - Norfolk County Council](#): Fussy Eaters, Lockdown Babies, Help with 100 Square, Help with Maths and English (4 to 7s and 7 to 11s), Learning Through Art and Paediatric First Aid Awareness.

Does your child bemoan broccoli and snub sweet potato?

Join Norfolk Adult Learning's fantastic FREE Fussy Eaters session and with the support of their dedicated tutor, you will gain confidence and skills to encourage your child to eat a healthy, balanced diet.

This session is designed for parents/carers and their children aged 0 to 4 years, taking part together.

11th Feb

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>



How confident do you feel supporting your children with maths?

Do you know what a 100 square is and how it's used in schools?

Join Norfolk Adult Learning for their fantastic FREE 90-minute online session which will help you discover some fun maths-based activities from the comfort of your own home.

With the support of their dedicated tutor, you will also learn how you children are taught in school and how you can best support this learning at home focussed on 100 squares.

This course is for any adult over the age of 19 who has responsibility for the care of a child or children aged 4 to 7.

31st Jan

Find out more and book your place: <https://www.norfolk.gov.uk/familylearning>

Paediatric First Aid ONLINE

This could be the most valuable 2 hours of ONLINE learning you have ever spent. Choking, head injury and fracture all are medical emergencies that children may experience. Do you know how to respond? This fantastic FREE paediatric first aid workshop will give you the knowledge and skills to make a difference and potentially save a life.

Find out more and book your place: <https://www.norfolk.gov.uk/familylearning>





How confident do you feel supporting your children with KS2 maths?

Maybe what they learn at school is confusing you? Join Norfolk Adult Learning's fantastic FREE 90-minute online session which will help you discover some fun maths-based activities from the comfort of your own home.

This course is for any adult over the age of 19 who has responsibility for the care of a child or children aged 4 to 7.

Feb 7th

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>

Was your baby/child born during or around the start of Covid-19?

Norfolk Adult Learning's fantastic FREE online session is an opportunity to explore the impact of the pandemic and lockdowns on children born during this unique period. With the support of their dedicated tutor, you will discover the impact of Covid-19 on early attachment and self-regulation and consider how to support your child's transition as they settle into their early years setting.

This session is suitable for those with children aged 0-3 years. Parents/carers are encouraged to attend without their children. We welcome SEND families.

4th Feb 2022

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>



Are you looking for new ways to support your child's KS2 science development?

Do they have an interest in art?

Join Norfolk Adult Learning for their fantastic FREE online session provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children's science development. Making the most of resources you find around the house, these activities will be themed around science and nature to get them thinking not only about their art, but also scientific vocabulary.

20th Jan

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>

Are you looking for new ways to support your child's KS1 science development? Do they have an interest in art?

Join Norfolk Adult Learning's fantastic FREE online session which provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children's science development. Making the most of resources you find around the house, these activities will be themed around science and nature to get them thinking not only about their art, but also scientific vocabulary.

19th Jan

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>



Are you looking for new ways to support your child's KS1 numeracy development?

Do they have an interest in art?

Join Norfolk Adult Learning's fantastic FREE online session which provides opportunities for you to discover a range of art and craft activities, which can be used to support and enhance children's maths development. Making the most of resources you find around the house, these activities will be themed around shape to get them thinking not only about their art, but also 2D and 3D shapes and mathematical vocabulary.

Jan 12

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>

How confident do you feel supporting your children with KS1 English? Maybe what they learn at school is confusing you.

Join Norfolk Adult Learning for their fantastic FREE 90-minute online session which will help you discover some fun English-based activities from the comfort of your own home. With the support of their dedicated tutor, you will also learn how your children are taught in school and how you can best support this learning at home.

This session is for any adult over the age of 16 who has responsibility for the care of a child or children aged 4 to 7.

17th Jan

Find out more and book your place:

<https://www.norfolk.gov.uk/familylearning>



Do you work with young children?

Join Norfolk Adult Learning for their Paediatric First Aid course

This could be the most valuable 2 hours of learning you have ever spent. Choking, head injury and fracture all are medical emergencies that children may experience. Do you know how to respond? This fantastic FREE paediatric first aid workshop will give you the knowledge and skills to make a difference and potentially save a life.

Find out more and book your place: <https://www.norfolk.gov.uk/familylearning>



How confident do you feel supporting your children with KS2 English? Maybe what they learn at school is confusing you.

Join Norfolk Adult Learning for their fantastic FREE 90-minute online session which will help you discover some fun English-based activities from the comfort of your own home. With the support of their dedicated tutor, you will also learn how your children are taught in school and how you can best support this learning at home.

This session is for any adult over the age of 16 who has responsibility for the care of a child or children aged 4 to 7.

24th Jan

Find out more and book your place:
<https://www.norfolk.gov.uk/familylearning>



Fitness?
Confidence?
Self Defence?



Haya-Ashi Ju Jutsu

Queens Hill Primary School
Tuesday Evenings
Juniors 18:30-19:30
Adults 18:30-20:00
FIRST TWO SESSIONS FREE!



Interested?

For more information call/ text
Sensei Jack Stapleton (4th Dan,
Technical Officer) on 07837 088209

Have Fun!

LOL



The perfect way
for girls aged 5-11
to get involved
with football



TIME AND DATE

THURSDAYS 4PM TO 5PM (FROM 20TH JANUARY 2022)



LOCATION

FDC, BOWTHORPE PARK, NORWICH, NR5 9ED



NEXT STEPS

Head to thefa.com/WeetabixWildcats to book on to a session,
or for more info contact us via: E: motive8sports@hotmail.com



What's new?



Norfolk & Waveney Children's SaLT transferred to Cambridgeshire Community Services on 2nd August making closer working with Health Visitors, School Nurses and other Healthy Child Programme professionals much easier.

The service is being redesigned to better meet the needs for all children and young people in Norfolk and Waveney.

Priority changes



Agreed service priorities for the next year are:

- Reducing the waiting times whilst carrying on with essential work
- Joining speech and language therapy with Just One Number and Just One Norfolk so there is a single place to go for all speech and language therapy enquiries
- Developing the Balanced System® Framework for all speech, language and communication needs in Norfolk & Waveney

What is The Balanced System® framework?



A new way of working in Norfolk & Waveney to support families, caregivers and professionals to develop the skills and confidence needed to support children with speech, language and communication needs. This is a long term plan, developing with your support over the coming months.

Managing the waiting list

We are already working actively with 2400 children, families and the team around the child. There are approximately another 1500 children waiting for advice. The Speech and Language Therapy team will continue to work with children who need specialist support and are working hard to reduce waiting times.



If you are waiting for support, we will be in touch as soon as possible.

Where to go for help:



Visit www.justonenorfolk.nhs.uk/salt for information and resources to support children's communication development.

If you need more information or advice call Just One Number on **0300 300 0123** to speak with a member of the team.





Norse
Fresh Ideas Feeding Minds

There is such a thing as a **FREE LUNCH!**

Your child may be eligible for a free school meal which could save you over £400 a year and gain additional funding for your school. To see if you qualify, visit www.gov.uk/apply-free-school-meals



Don't forget school meals are still free for Reception, Year 1 and Year 2 regardless of circumstances!



 NorseCatering norsecatering.co.uk

Myth Busting School Meals!




"My child is a fussy eater"

Our menus offer variety and choice to suit all tastes. In our experience, children are more likely to try new foods when they have regular school meals in a social setting.



"I cook a meal in the evening"

We fully understand that some families eat a hot meal together in an evening so we have developed our own cold lunch options and jacket potato menu to help support this.



"They're not healthy"

Our menus consist of well-balanced dishes that adhere to the school food standards. Real fruit is used in over 50% of our dessert recipes; **we have reduced sugar content by 25%** and wholemeal flour is used in all of our bread and pastry recipes!



"My child has a food allergy"

Our dietitian has developed 'allergen aware' menus for children with medically-defined food allergies. Registration forms can be found on our website - www.norsecatering.co.uk.



"I love my school lunches! I like the different flavours and how tasty it looks on the plate!"
School Council Feedback

Did you know, on average less than 1% of packed lunches from home meet all of the school food standards?

Source: The Independent School Food Plan



norsecatering.co.uk

 @NorseCatering

