

	Knowledge covered in Physical Education by the end of Y2
Games	<ul style="list-style-type: none"> • Understand the terms 'opponent' and 'team mate'. • Understand how to combine different movement skills with or without equipment. • Understand how to lead others where appropriate. • Knows the rules of simple team games. • Knows the term 'dodging' and can apply in a range of activities. • Knows how to throw and catch a ball in a variety of ways, individually or with others
	<p>Key Vocabulary Throw, roll, underarm, hit, move, safely, kick, tactics, decide and rules.</p>
Gymnastics	<ul style="list-style-type: none"> • Knows how to confidently use a range of 'dynamic' and 'static' balances and apply these individually and with others. • Knows how to hop, jump and leap and understands how to in a variety of ways, and apply these individually and with others. • Knows the terms: front, back and side support to create floor shapes. • Can name and perform a variety of movements in a controlled manner, on and off equipment. • Understands how to climb and traverse safely on equipment.
	<p>Key Vocabulary Curl, tense, stretch, relax, control, travel, balance, copy, sequence, improve, plan, and perform, feedback, hold, and independent.</p>
Dance	<ul style="list-style-type: none"> • Understand the need for careful control and co-ordination. • Knows how to link movements together appropriately in a sequence, with a beginning and ending. • Knows to vary the dynamics, relationships or space to create sequences. • Understands that movements can communicate a mood, feeling or idea, with or without a stimulus.
	<p>Key Vocabulary Move, copy, perform, create, rhythm, control, coordination and linking mood or feeling.</p>
	<ul style="list-style-type: none"> • Know they can improve their skills in a variety of sports to improve their performance. • Can set simple personal challenges to improve. • Can give and take feedback from others and respond positively.