

Brighter Beginnings: workshops for parent carers

contact For families
with disabled children

*Learn from our experienced trainers in a supportive, non-judgemental space
Hear other parents' experiences; share as much or as little of your story as you wish*

Contact is providing free online sessions for parent carers living in Norfolk,
thanks to funding from the R.C. Snelling Charitable Trust

Educational Support

Wednesday 27th January 2021
19:30 – 21:30

[Book here via Eventbrite](#)



Find out what educational support is available for your child with additional needs

This online Zoom workshop will help you to understand:

- How an Education Health and Care plan (EHCP) could benefit your child
- How to apply for one
- When an EHCP is not appropriate and what support is available for children who do not have an EHCP
- How to challenge decisions about your child's educational support and engage with professionals effectively to support your child

Find more workshops and other advice and opportunities at www.contact.org.uk

Money Matters

Thursday 4th February 2021
19:30 – 21:30

[Book here via Eventbrite](#)



Find out how to maximise your finances as a parent carer of a child with additional needs

This online Zoom workshop will help you to make sense of financial matters and opportunities for you and your family, including:

- an overview of benefits (inc. DLA, Carer's Allowance)
- opportunities for grants and discounts available on utility bills, leisure activities and for carers
- services available to support you with making applications

Email claire.robinson@contact.org.uk for further info

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