

Year 3 Home Learning Project	
Week 2: 27th April - 1st May	My Aspirations
Weekly Maths Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<p><b>Monday:</b> Read the analogue clock and write the correct 24 hour time. Then, read the 24 hour time and draw the correct hands on the analogue clock.</p> <p><b>Tuesday:</b> Read the time on an analogue clock to the nearest minute and match it to the 24 hour clock. Once finished have a go at this game:  <a href="https://mathsframe.co.uk/en/resources/resource/116/telling-the-time">https://mathsframe.co.uk/en/resources/resource/116/telling-the-time</a></p> <p><b>Wednesday:</b> Watch a TV programme or a film. What was the start time? What was the end time? Record these times using both analogue and digital (24 hours). Can you work out how long it lasted?</p> <p><b>Thursday:</b> Record three (or more) activities that you have done. What time did you begin and end each activity? How long did you do each activity for? How long did you spend doing these activities in total?</p> <p><b>Friday:</b> Match the cards with how long each activity takes. Can you create your own similar set of cards with activities you like to do?</p> <p><b>The Brain Stretcher:</b> Put the activities in order based on how long they take to complete (shortest amount of time to the longest amount of time). Create your own cards to sequence using different activities.</p>	<p><b>Monday:</b> Today you are looking at Present Perfect form. We have learnt about this in class so this is a quick refresh. Login to Seesaw for today's task or find Monday's writing activity in this learning pack.</p> <p><b>Tuesday:</b> Login to Seesaw for today's task or find Tuesday's writing activity in this learning pack.</p> <p><b>Wednesday:</b> Login to Seesaw for today's task or find Wednesday's writing activity in this learning pack.</p> <p><b>Thursday:</b> Login to Seesaw for today's task or find Thursday's writing activity in this learning pack.</p> <p><b>Friday:</b> Find your homemade journal! It's time to write this week's diary entry. Login to Seesaw or find Friday's writing activity in this learning pack. Start by recording 4 features of a diary entry and playing success criteria bingo!  <a href="https://www.youtube.com/watch?v=CoWOobkI2qU">https://www.youtube.com/watch?v=CoWOobkI2qU</a></p>
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<p>Weekly spellings (Y3/4 Spelling List)  <b>grammar, group, guard, guide, heard</b></p> <p>Miss Wakeman's spelling group:  <b>2 from above</b>  <b>then, there, they</b></p> <p>Try and practise your spellings in a creative way!</p> <div> <div> <p><b>Rainbow Write</b></p> <p>First write each word in pencil. Then trace over each word three times. Each time you trace, you must use a <b>DIFFERENT</b> colour crayon. Trace neatly and you will see a rainbow!</p> </div> <div> <p><b>Silly Sentences</b></p> <p>Write silly sentences using a spelling word in each sentence. Please underline your spelling words! Write neatly!</p> <p>Example: My dog <u>guards</u> a blue and purple sheep when he takes a bath.</p> </div> <div> <p><b>Hidden Words</b></p> <p>Draw and color a picture. Hide your spelling words inside your picture.</p> <p>Show your picture to someone and see if they can find your hidden words!</p> </div> <div> <p><b>Backwards Words</b></p> <p>Write your spelling words forwards and then backwards. Write neatly!</p> <p>Example: where arewa</p> </div> </div> <p><b>Les Taupes:</b>  Complete <b>Spelling Zone</b> on page 24, Unit 6.  Then, complete the following:  <b>Dots and dashes, Word changers, Dictation, Four-in-a-row, Choose the right word</b></p> <p><b>Les Herissons and Les Canards:</b>  Complete <b>Spelling Zone</b> on page 28, Unit 7. Watch Mr Thorne does Phonics  <a href="https://www.youtube.com/watch?v=pXV6ZZcuCGA">https://www.youtube.com/watch?v=pXV6ZZcuCGA</a>.  Then, complete the following:  <b>Dots and dashes, Word changers, Dictation, Four-in-a-row, Choose the right word</b></p>	<p>Text: The FA Cup</p> <p><b>Monday:</b> Read the text</p> <p><b>Tuesday:</b> Re-read the text and answer <b>vocabulary</b> questions</p> <p><b>Wednesday:</b> Re-read the text and answer <b>retrieval</b> questions</p> <p><b>Thursday:</b> Re-read the text and answer <b>inference</b> questions</p> <p><b>Friday:</b> Re-read the text and answer <b>author's choice</b> questions</p> <p>You can answer the questions on Seesaw or in your notebook if you do not have access to an electronic device.</p>

## Learning Project - to be done throughout the week

**Science:** Create your own mini greenhouse where you can grow seeds (e.g. cress, runner beans or sunflowers) using things that you can find around your home (see instructions). Why is a greenhouse a good environment for a plant to grow healthily? Can you track your plants growth over time using drawings or photographs? What do you notice?



**Computing:** You will have one week to complete this task. Look at your 'All about me' poster that you created last week on Purple Mash or on paper. Turn your poster into a PowerPoint or use prezi.com. If you do not have internet access, record your own presentation. You can magpie the information you recorded on Purple Mash and draw or print pictures. Remember to present your work neatly - making sure that your presentation is not too busy!

**Athletics:** Can you remember your first athletics activity? What skill did you work on? What went well and what do you think you need to work on? Share your thoughts with a family member or write it down. You could keep your own PE diary to keep track of your progress.

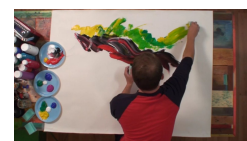
1. Choose your favourite song and find a safe spot to stand
2. Start playing the song. Can you jump on the spot until the end of the song?
3. Record: How many jumps did you do? Can you play the song again and beat your score?
4. Challenge: Jump high, tuck your legs in while you jump, add in some star jumps. Challenge a family member to beat your score!

**Spanish:** If you have access to a computer, you will need to log in to Languagenut and complete the assigned task 'Dressing for the weather'. You will then need to complete the reading, writing, speaking and listening activities. If you do not have access to a computer, use the word cards in your learning pack to draw and label the clothing you would wear for the following weather: llueve (rain), nieva (snow) and hace sol (sunny).



**Art:** Using A4 paper, stick a small black and white photograph of yourself in the bottom right-hand corner (if you do not have a photograph you could draw yourself). Then, using a pencil, draw a large thought bubble coming from your head. Inside the thought bubble draw pictures of your aspirations e.g. your dream house, dream job, dream car. Once finished, decorate this using colouring pencils or felt-tips.

**Music:** Listen to a few minutes of Mussorgsky - Night on Bald Mountain <https://www.youtube.com/watch?v=iCEDfZgDPS8>. What instruments can you hear? How does it make you feel? Watch Ricky Martin from Art Ninja (Video 6) <https://www.bbc.co.uk/teach/ten-pieces/masterclasses-and-more-resources/znbpgwx>. Listen to the piece of music again and respond using paints, felt-tips or colouring pencils. Try to use different colours and marks to represent different sounds or feelings e.g. yellow for high pitched sounds or dark blue for low pitched sounds.



Additional learning resources parents may wish to engage with

<http://www.ictgames.com/mobilePage/spookySpellings/index.html>

<https://www.dkfindout.com/uk/animals-and-nature/plant-care/>

<https://www.nhs.uk/change4life/activities>

#TheLearningProjects

## Maths

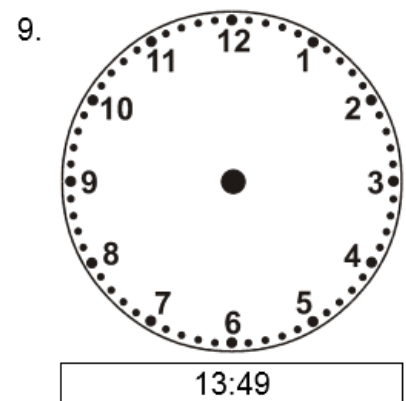
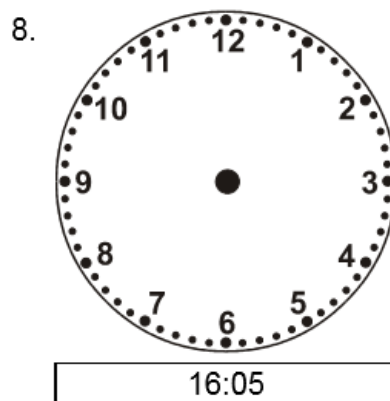
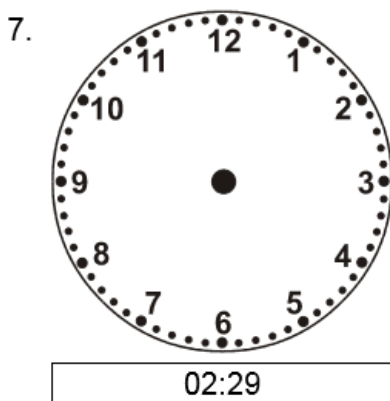
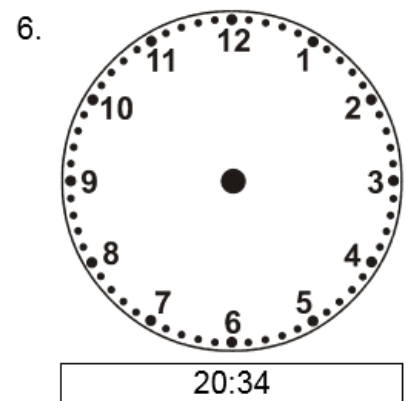
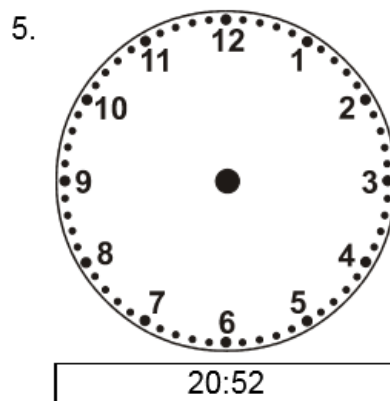
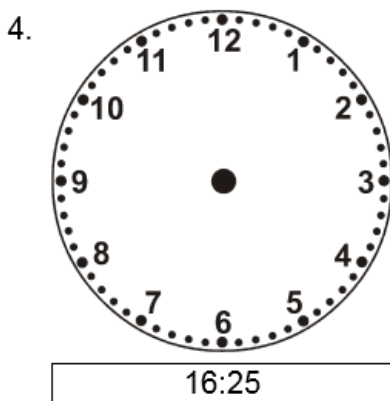
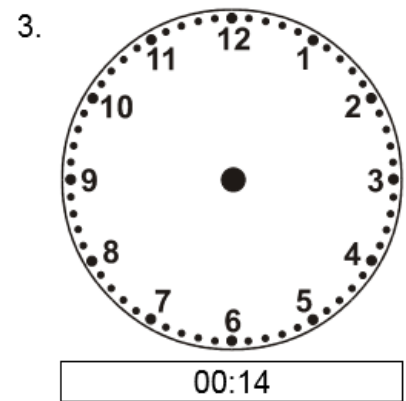
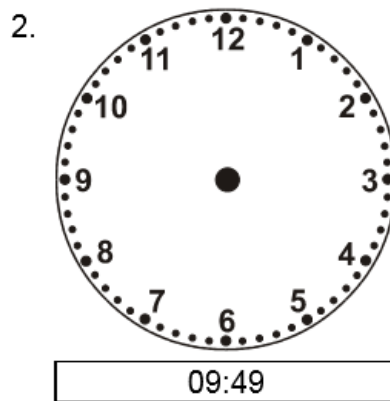
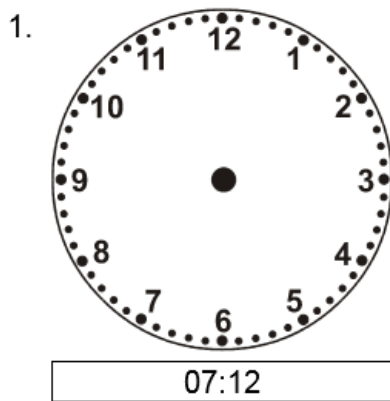
**Monday:** Read the analogue clocks and write the correct digital 24 hour time.

Then, read the digital 24 hour time and draw the correct hands on the analogue clocks.



If the time is pm, add 12 to the hour

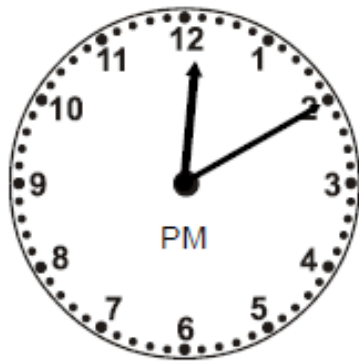
e.g. 6.25pm on an analogue = 18:25 on a digital 24 hour clock.



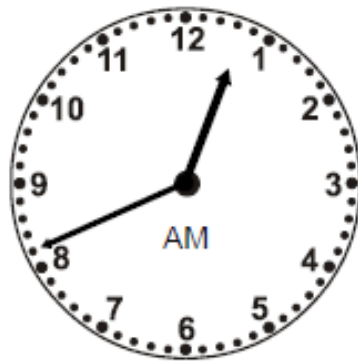
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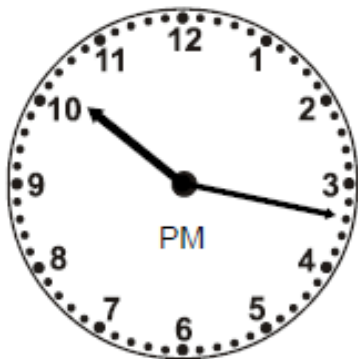

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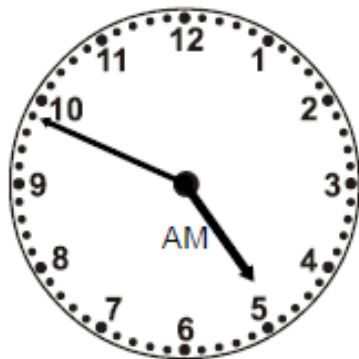

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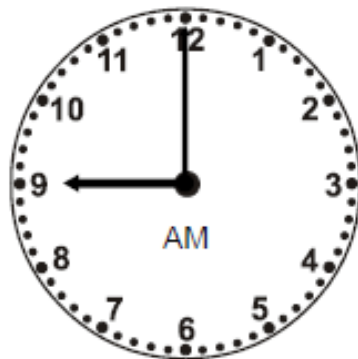

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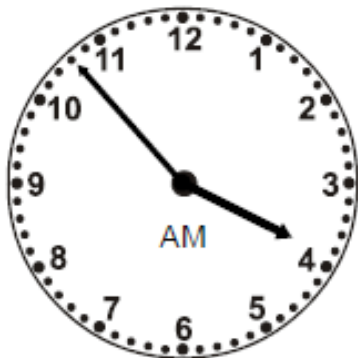

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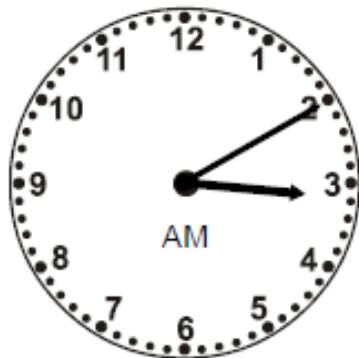

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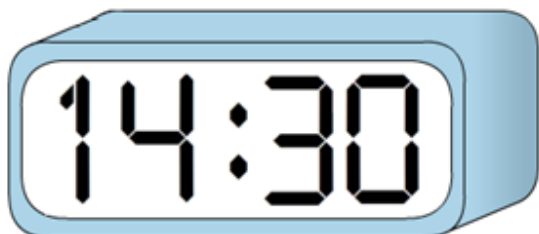
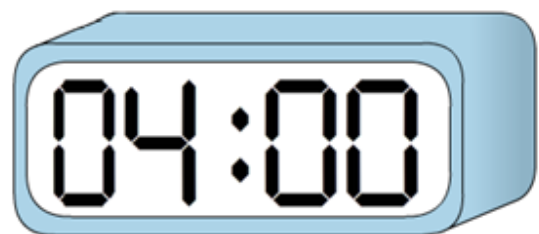
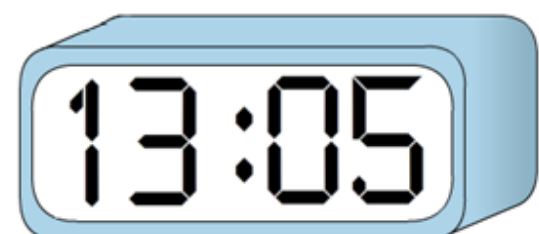
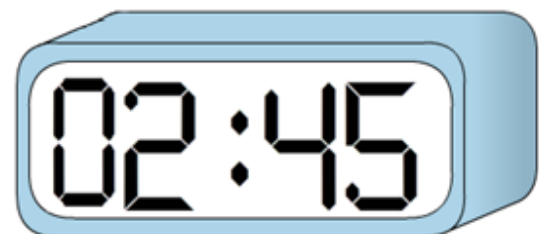
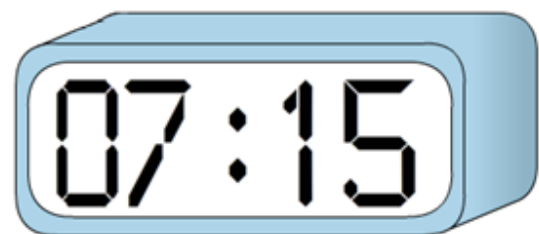
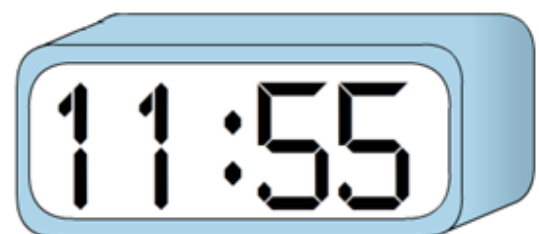
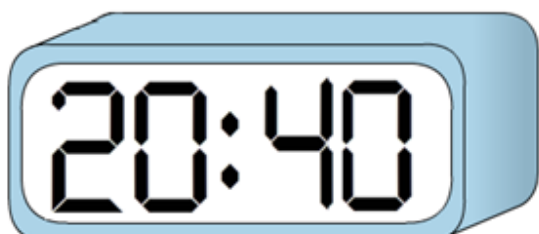
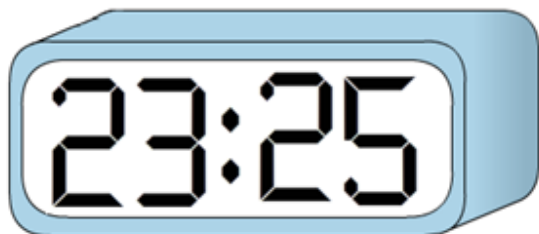


**Tuesday:** Read the time on an analogue clock and match it to the correct digital 24 hour time.

Once finished, have a go at this game

<https://mathsframe.co.uk/en/resources/resource/116/telling-the-time>







**Wednesday:** Watch a TV programme or film. What was the start time? What was the end time? Write these using analogue and a digital times. How long did it last? How do you know?

Film/TV Programme Title: \_\_\_\_\_

Picture of Film/TV Programme:

Start time:



The time on a digital clock looks like this:

■

■

End time:



The time on a digital clock looks like this:

■

■



How long did it last?  
How do you know?

**Thursday:** Record 3 activities you have done e.g. practising a sport, eating dinner, playing with LEGO or playing a video game. What time did you begin and end each activity? How long did you spend doing each activity?

**ACTIVITY 1** (write activity on the line)

draw



write:  
I started at:



I ended at:

How long did you do this activity for?  
(write number of minutes here)

**ACTIVITY 2**



I started at:



I ended at:

How long did you do this activity for?

**ACTIVITY 3**

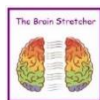


I started at:



I ended at:

How long did you do this activity for?



How long did you spend doing the activities altogether?

How do you know?

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**Friday:** Match the events on the cards with how long it takes to complete. If you have access to a computer, you can play this online <https://nrich.maths.org/10343>. Once finished, have a go at creating your own set of matching cards using different events.

Time  
between  
your 6th  
and 7th  
birthdays

About 2  
minutes

Less than  
10 seconds

Time taken  
to brush  
your teeth

Time spent  
asleep each  
night

1 year

About 10  
hours

Time taken  
to count  
from 1 to  
10

About 3  
months

Time taken  
for the  
Moon to  
orbit the  
Earth

About 28  
days

Total length  
of school  
holidays

**The Brain Stretcher:** Put these activities on order based on how long they take to complete (shortest amount of time to the longest amount of time). Create your own cards to sequence using different activities.

**Watching a film**



**Walk to music lessons**



**Brushing your teeth**



**Walk to PE lessons**



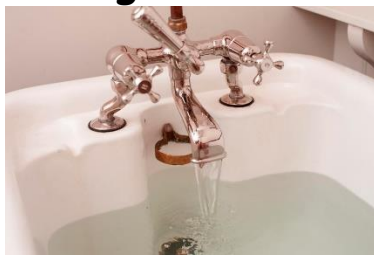
**Writing your name**



**Eating lunch**



**Taking a bath**



**Reading a book**



**Break time**









**Tying your shoe**



Monday - Present Perfect Form

Task 1 - What is happening in these pictures?

		
melting		
		



*I know that a **verb** is telling me what is happening in a sentence.*

Task 2 - Underline/highlight the **verb** in each sentence.

Seb walked from the office to the year 3 classrooms.






We must wash our hands for at least 20 seconds regularly.

Mrs Andrews loves chocolate.







Task 3 - Organise these verbs into past or present tense

Past	Present

My Aspirations - Weekly Writing Tasks for wc. 27<sup>th</sup> April 2020

<p>leant</p> 	<p>swam</p> 	<p>went</p>
<p>cries</p> 	<p>rang</p> 	<p>loves</p> 

Task 4 - What is the **past tense** of each of these verbs?

		
		
		slept

Task 5 - Watch this video up to 1 minute.



[https://www.youtube.com/watch?v=o1\\_0Gz4uRko](https://www.youtube.com/watch?v=o1_0Gz4uRko)

Task 6 - Write sentences in the present perfect form using the verbs from task 4.  
Remember to include **have/has** and then the **past participle**.

### Present perfect

have/has + the past participle



I **have** **waved** at the Queen.

Tuesday - Biography

Biography: a true story about someone's life

Task 1: Read Mrs Andrews' example of a biography about David Walliams. See next page.



Task 2: You will notice that Mrs Andrews has highlighted some features. You will need to match the features to the areas highlighted. This will create a success criteria for writing a fantastic biography.

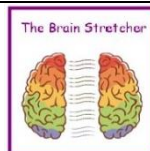


dates of birth/death	fronted adverbials (how many can you find?)	past tense
third person (he, she)	sub-headings (how many can you find?)	title
picture	-	-

Task 3: Can you highlight, in Mrs Andrews' example of biography, examples of:

- Commas in a list?
- Coordinating conjunctions (FANBOYS)?
- Subordinating conjunctions (ISAWAWABUB)?
- Apostrophes for possession (children's books)?

TOOLBOX



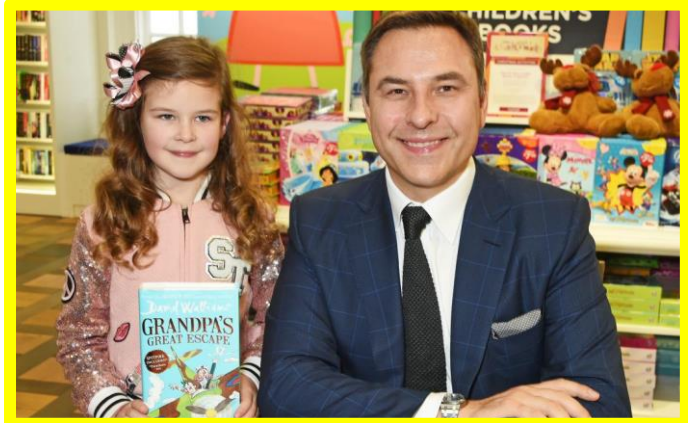
How do you know the biography is written in chronological order (in order of how the events happened)?



## David Walliams

### Introduction

David Walliams is a famous English comedian, actor, writer and television personality. He was born on the 20<sup>th</sup> August 1971 in London, England.



### Early life

In Wimbledon (London), David Williams was born at St Teresa's Hospital in 1971. He grew up with his mother (Kathleen), father (Peter) and his sister (Julie). He attended school in Surrey and went to university in Bristol. As a young boy, he aspired to study drama because he always dreamed of working on the television. In 1990, whilst at youth theatre, he changed his name from David Williams to David Walliams because there was already a member named David Williams.

### Adult life

In 2008, David began to write children's novels similar to Roald Dahl. Throughout his adult life, he has been a writer of children's books and he has sold more than 25 million copies across the world. In 2014, he released his number 1 book, The Boy in the Dress and in 2013, he released Gangsta Granny. Since 2012, Walliams has been a judge on Britain's Got Talent and he has seen lots of contestants perform at the Royal Variety Show.

### Conclusion

David Walliams achieved his childhood dreams and aspirations. He will be remembered for his hilarious children's books and TV appearances. His books will be read and loved by children for many years to come.

### Wednesday - Planning your biography

Yesterday, you identified the main features of a biography. We know that a biography is a non-fiction (real life/true) text about someone else's life.

If I wanted to write a biography, I might choose someone in my family or a famous person.



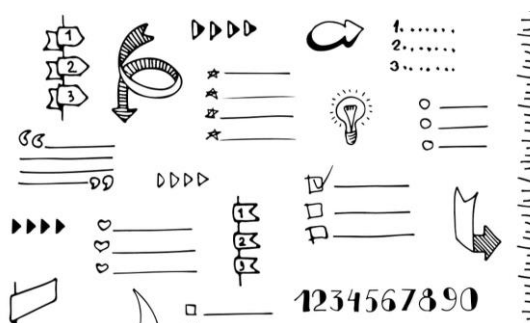
## Who would you write about?

Watch Mrs Andrews interviewing a real life person about their life.

<https://youtu.be/IOYdXgxGIrk>



Then, interview someone in your home (by asking the questions on the plan below) or conduct research safely online about a famous person. *Remember to record notes using bullet points.*



Biography Plan

Title: \_\_\_\_\_

<p><b><u>Introduction</u></b></p> <ul style="list-style-type: none"><li>- What is their full name?</li><li>- <b>When</b> were they born?</li><li>- <b>Where</b> were they born?</li><li>- What are they known for?</li></ul>	
<p><b><u>Early life</u></b></p> <ul style="list-style-type: none"><li>- Where were they born?</li><li>- When were they born?</li><li>- What was their name when they were born?</li><li>- What were their parent's names?</li><li>- Did they have any brothers or sisters?</li><li>- What did they aspire to be as child?</li><li>- When and where did they attend school?</li><li>- What schools did they attend?</li><li>- Did they attend college or university?</li></ul>	
<p><b><u>Adult life</u></b></p> <ul style="list-style-type: none"><li>- What are their main achievements as an adult? <i>List them in order of when they happened (chronological order)</i></li><li>- Date of death if they are no longer alive.</li></ul>	
<p><b><u>Conclusion</u></b></p> <ul style="list-style-type: none"><li>- Did they achieve their childhood aspirations?</li><li>- What will they be remembered for?</li></ul>	

Thursday - Writing a biography



Task 1: Write down 4 features of a biography (you identified the features on Tuesday).

Watch Mrs Andrews' success criteria bingo by using this link:

<https://youtu.be/wtJOpJObm30>

Task 2: You will be writing your **introduction** today.

Look at the WAGOLL (What A Good One Looks Like) introduction:

**David Walliams**

**Sub-heading** → **Introduction**

**Title** → **David Walliams**



**Sentence 1: Introduces the person by telling us their name and what they are known for.**

David Walliams is a famous English comedian, actor, writer and television personality. He was born on the 20<sup>th</sup> August 1971 in London, England.

**Sentence 2: Tells the reader where and when they were born.**

Task 3: Write the introduction for your biography. Today you are only writing **two** sentences. Use the WAGOLL and the success criteria (on the next page) to support you.

Remember the basics! Capital letters at the start of sentences and for proper nouns (people and place names)!

	
	<b>Title (the name of the person you are writing about)</b>
	<b>Sub-heading - Introduction</b>
	<p style="text-align: center;"><b>Two sentences only</b></p> <p><b>Sentence 1: Introduces the person you are writing about and what they are known for.</b>  <i>Mrs Andrews is a teacher at Queen's Hill Primary School.</i>  <i>Roald Dahl was an author of children's books.</i></p> <p><b>Sentence 2: Tells the reader where and when they were born.</b>  <i>She was born on the 22<sup>nd</sup> April in Scotland.</i>  <i>He was born on the 5<sup>th</sup> May in Wales.</i></p>
	<b>Third person (he, she)</b>
	<b>Past tense (-ed suffix (played))</b>

Title: \_\_\_\_\_

## Introduction

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Friday - Writing a Diary Entry (recount)






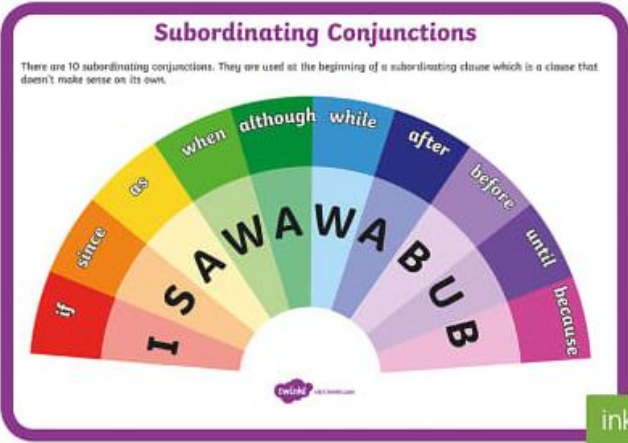
**Task 1:** Write down 3 features of a diary entry (you found evidence of these in Mrs Andrews' example last week).

Watch Mrs Andrews' success criteria bingo on this link:

<https://www.youtube.com/watch?v=CoWOobkI2qU>

**Task 2:** Write your own diary entry for this week. You can either write it in the diary that you made and decorated or the notes section on Seesaw.

Use the information below to help you structure your writing.

 <p><b>Success Criteria</b></p> <p><b>Things you MUST include</b></p>	 <p><b>Things you could include</b></p>
<p><b>Date</b></p>	<p><b>Commas in a list</b></p>
<p>Start with <b>Dear Diary,</b></p>	<p>Mum popped to Sainsbury's for food and bought watermelon, oranges, bananas and apples.</p>
<p><b>Fronted adverbials to sequence writing</b></p> <p>On Monday, On Friday evening, When I woke up, After breakfast, Before lunch, At 8 o'clock, Sadly, Patiently, Reluctantly, Once the sun had gone down, After the sun had risen,</p>	<p><b>Coordinating conjunctions to link two clauses</b> On Tuesday, I wanted to play outside but Mum told me I had to do my remote learning instead.</p>  <p><b>Subordinating conjunctions to link two clauses</b> I sat on the doorstep to munch my lunch because it was sunny and warm outside.</p>
<p><b>First person (I, we)</b></p>	<p><b>Because</b> it was sunny and warm outside, I sat on the doorstep to munch my lunch.</p>
<p><b>Past tense (-ed suffix (played))</b></p>	
<p>End with a <b>signature (from, Jacob)</b></p>	
<p><b>Chronological order</b> (in order of how it happened)</p>	
<p><b>Paragraphs</b> - start a new paragraph for each day you are writing about.</p>	



# The Football Association Challenge

## The Cup Final

### Cup Final Facts

- The match is widely known as just the **Cup Final**.
- It is the last match in the **Football Association (FA) Challenge Cup**.
- From 2015 to 2018 it was also known as the **Emirates FA Cup**.
- It has about **86 000 stadium spectators** and millions of TV viewers on the BBC Sport channel.
- A women's tournament is held at the same time, the **FA Women's Cup**.
- The **FA trophy** (winner's cup) is only on loan to the winning side.
- It is the oldest cup competition in the world, first played in the **1871 - 72** season.
- The 2016 champions were **Manchester United**.

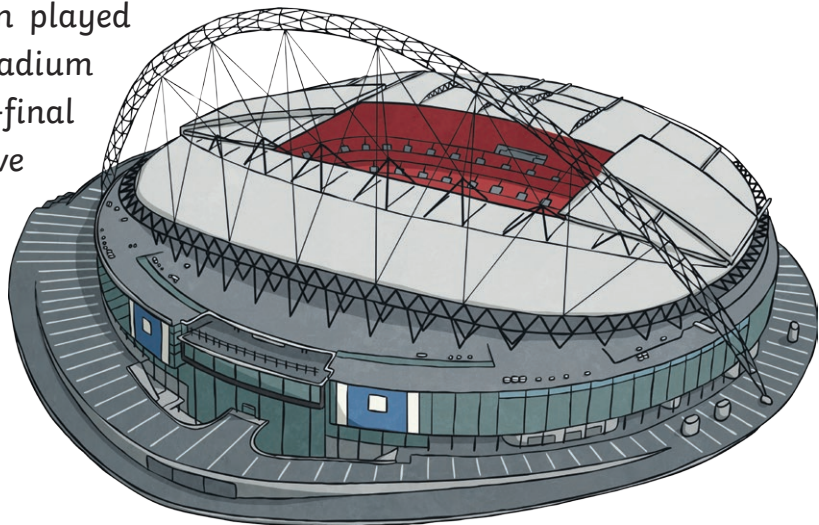
### Who Can Enter?

The Challenge Cup competition is open to any club in the top ten levels of the English Football League. Once clubs have registered to play, the tournament is organised into 12 randomly drawn rounds, followed by the semi-finals and finals. The higher ranked teams join the competition in later rounds.

### Where Are the Matches Held?

The first 12 round matches will usually be played at the home ground of one of the two teams. From 1923 to 2000, the old Wembley Stadium hosted the finals.

The final match has been played at the rebuilt Wembley Stadium since 2007 and the semi-final and final matches have been played there since 2008.



## What Do the Winners Receive?

The winners of the final match receive the Football Association Cup, the FA Cup. It comes in three parts, the base, the cup and a lid. Over the years, there have been two designs of trophy and five different cups. The first cup, known as the 'little tin idol', was stolen in 1895 and never returned. The FA fined Aston Villa £25 to pay for a replacement as it was stolen whilst they had it in their care. An exact replica was made and used until 1910. From 1911, a new design was made. It was larger than the previous trophy, standing 61.5cm high. In 1992, another copy was made as the cup was wearing out from being handled, and another replacement was made in 2014. This took over 250 hours to make and weighs 6.3kg of solid silver. The cup is presented at the end of the match, giving the engraver just five minutes to engrave the winning team on the silver band on the base. The cup has ribbons from both teams decorating it during the final. The loser's ribbon is removed before the presentation.

Each club in the final match is given 30 winners or runners-up medals. These are given to players, staff and officials.

## Fantastic Final Facts

### Most wins:

Arsenal and Manchester United (12)

### Most appearances in a final:

Arsenal (20)

### Most defeats:

Everton (8)

### Biggest winning margin:

6 goals (Bury v Derby County, 6-0)

### Most goals in a final:

7 goals (Blackburn Rovers v Sheffield Wednesday, 6-1 and Blackpool v Bolton Wanderers, 4-3.)

### Most appearances without losing:

Wanderers (5)

### Most appearances without winning:

Leicester City (4)

### Youngest FA Cup finalist:

Curtis Weston of Millwall (17 years 119 days.)

### Oldest FA Cup finalist:

Billy Hampson of Newcastle United (41 years and 257 days.)

### Most individual wins:

Ashley Cole (7)

### Most individual appearances:

Arthur Kinnaird (9)

### Did You Know?

- The first winners of the cup in 1872 were Wanderers, who also won it the following year.
- The Challenge Cup was suspended in 1915 - 1919 because of the First World War.
- In 1923, the final was played at the newly opened Wembley Stadium.
- The Challenge Cup was suspended again between 1939 - 1945 because of the Second World War.
- Tottenham Hotspur is the only non-league club to win the Cup (against league runners-up, Sheffield United, in 1901).
- 4 FA finals have finished goalless.
- In 1971, Alvechurch and Oxford City had to play 6 games to eventually produce a winner – the first five being drawn matches; an amazing 11 hours of football!




## Reading Masters

**Monday:**

Read the text.

**Tuesday:**

Re-read the text. Here is some vocabulary and the definitions:

<b>spectators</b>	someone who watches something 																																	
<b>on loan</b>	borrowed, playing football for another team temporarily																																	
<b>ranked</b>	position in the league <table><tr><th>Position</th><th>Games Played</th><th>Points</th></tr><tr><td> Man City</td><td>9</td><td>22</td></tr><tr><td> Everton</td><td>9</td><td>18</td></tr><tr><td> Arsenal</td><td>9</td><td>17</td></tr><tr><td> Chelsea</td><td>9</td><td>15</td></tr><tr><td> Newcastle</td><td>9</td><td>11</td></tr><tr><td> Man Utd</td><td>9</td><td>9</td></tr><tr><td> Tottenham</td><td>9</td><td>9</td></tr><tr><td> Southampton</td><td>9</td><td>9</td></tr><tr><td> Liverpool</td><td>9</td><td>8</td></tr><tr><td> Hull</td><td>9</td><td>6</td></tr></table>	Position	Games Played	Points	Man City	9	22	Everton	9	18	Arsenal	9	17	Chelsea	9	15	Newcastle	9	11	Man Utd	9	9	Tottenham	9	9	Southampton	9	9	Liverpool	9	8	Hull	9	6
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Tottenham	9	9																																
Southampton	9	9																																
Liverpool	9	8																																
Hull	9	6																																
<b>defeat</b>	been beaten, lost																																	
<b>appearance</b>	taking part in something																																	
<b>suspended</b>	delayed, stopped from happening																																	

**Highlight** these words in the text. Are there any other words you are unsure of? Research the definitions of these using a dictionary or by using <https://www.collinsdictionary.com/dictionary/english>.

**Wednesday:**

Re-read the text and answer these *retrieval questions*:

1. What was the challenge cup known as 2015-2018?
2. How can television viewers watch the match?
3. How many rounds of the competition are played?
4. Find and copy a word that means teams are chosen to play against no particular side.
5. Which club has the most FA cup wins?

## Thursday:

Re-read the text and answer these ***inference questions***:

1. Why do you think so many people watch the FA cup final?
2. Do you think the team winning the FA cup should be stopped from entering the following year?
3. Do you think the team winning the FA cup should be able to keep the trophy?

## Friday:

Re-read the text and answer these ***author's choice*** questions:

1. Look at 'Cup Final Facts'. Why are certain words and phrases in bold?
2. Why has the author used questions as subheadings?
3. Look at 'Fantastic Final Facts'. Why has the author put the different subheadings in bold?
4. Why has the author chosen to put certain information in blue boxes?



**Science:** Create a mini greenhouse to grow seeds. Why do you think a greenhouse is a good environment for seeds to grow healthily?

You will need:

- Seeds
- Soil (if you do not have soil, you could use damp cotton wool balls)
- Plant pot (if you do not have a plant pot, you could use a yoghurt pot)
- Zip lock plastic bag, plastic bottle or clingfilm (see below)
- Scissors.

There are 3 different ways you could make your greenhouse:



Using a zip lock plastic bag.



Using a plastic bottle.

Make sure you ask an adult to help you cut the bottle!

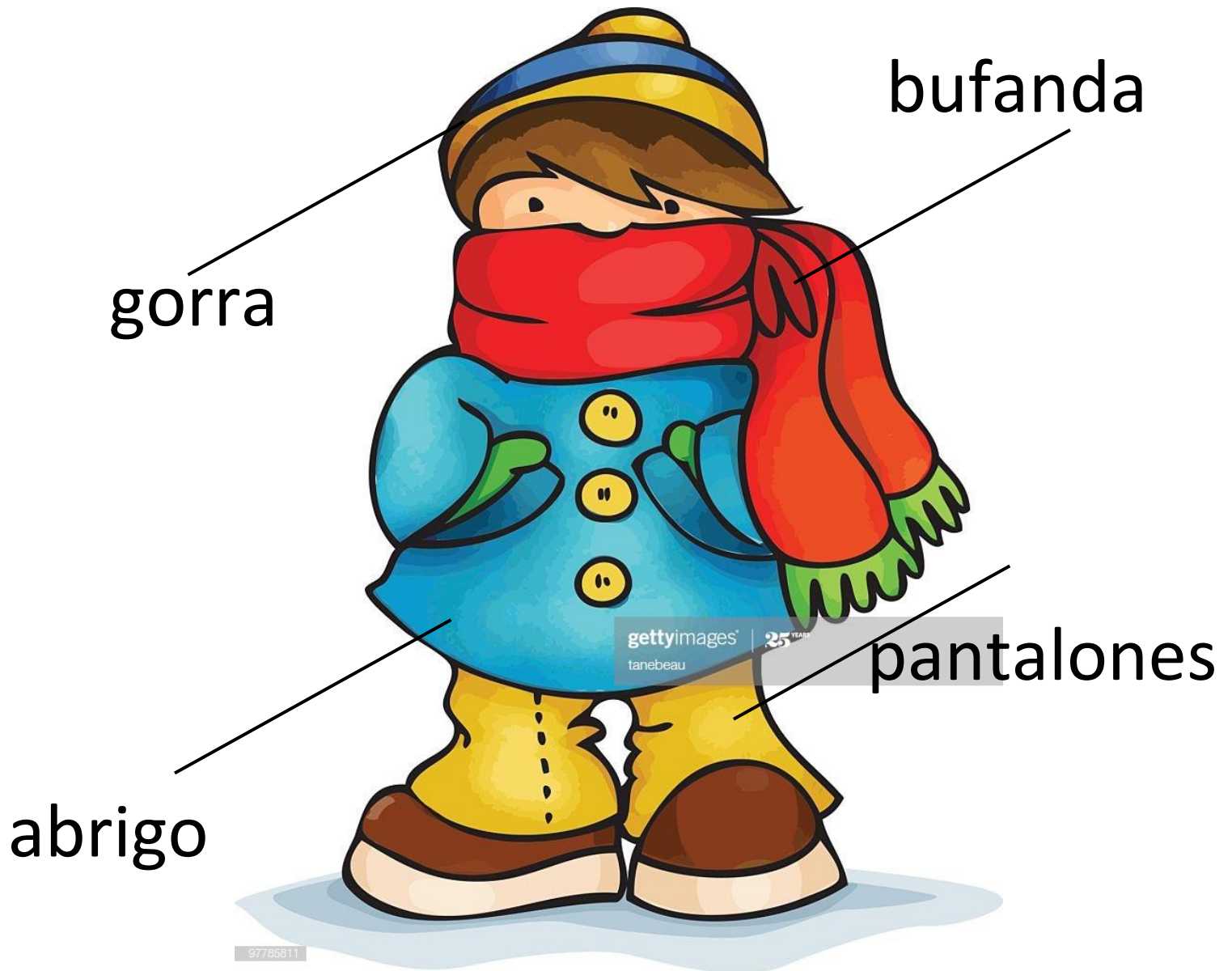


Using clingfilm.

Once finished, put your greenhouse in a sunny spot in the garden or on a windowsill. You might want to track your seed's growth over time using drawings or photographs 😊



# Nieva





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un abrigo

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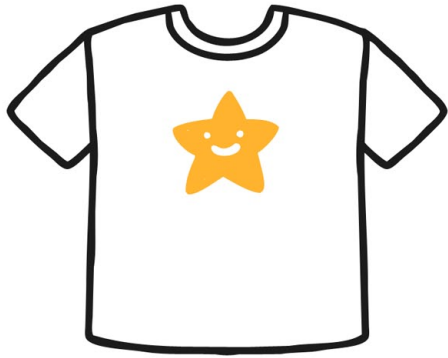
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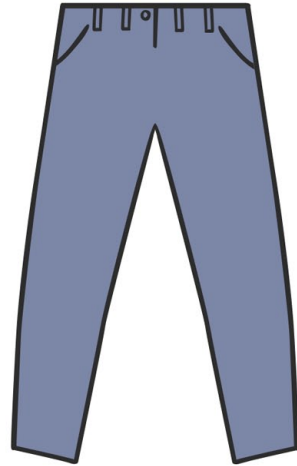
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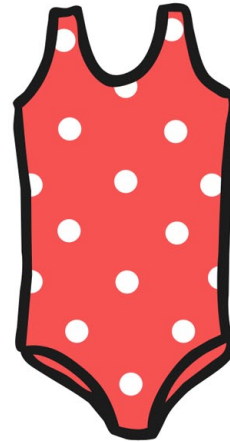
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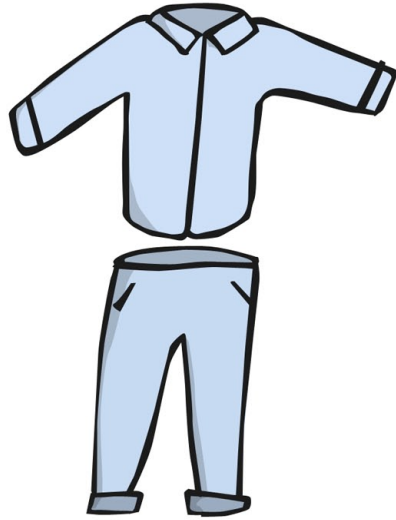
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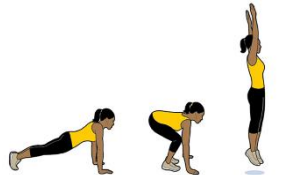
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Daily PE instead of Joe Wicks	Monday	Tuesday	Wednesday	Thursday	Friday
Activity	<p>Ready... Steady... Roll a dice (1-6)!  <i>Roll the dice at least six times. Remember to catch your breath between activities and drink water if you are feeling thirsty.</i></p> <p>When you roll a:            1: 10 x star jumps            2: Jump forwards and backwards 5 times            3: Throw a ball up into the air and catch it with two hands 5 times. Can you throw and catch the ball without dropping it?            4: jog on the spot and lift your knees up as high as you can for 1 minute!            5: Find a safe place to sprint on the spot, passing an object from one hand to the other. Do this for 1 minute.            6: Find a safe spot e.g. garden and run around in circles without falling over. How many times can you sprint around in circles without falling over?</p>	<p>Ready... Steady... Roll a dice (1-6)!  <i>Roll the dice at least six times. Remember to catch your breath between activities and drink water if you are feeling thirsty.</i></p> <p>When you roll a:            1: For 1 minute, jump as high as you can, bending your knees when you land.            2: For 30 seconds, jump from side to side (left to right and right to left)            3: Throw a ball up into the air and catch it with one hand 5 times. Can you throw and catch the ball without dropping it?            4: For 1 minute, jog on the spot and gently kick your heels against your body.            5: Find a safe place to sprint on the spot, for 1 minute, passing an object around your body.            6: Find a safe spot e.g. garden and sprint backwards and forwards for 1 minute. Try not to fall over!</p>	<p>Ready... Steady... Roll a dice (1-6)!  <i>Roll the dice at least six times. Remember to catch your breath between activities and drink water if you are feeling thirsty.</i></p> <p>When you roll a:            1: 10 x tuck jumps            2: Jump on one leg and switch legs after thirty seconds (do this for 1 minute)            3: For 1 minute, dribble a ball with your nose and try not to let it roll away!            4: For 2 minutes, jog on the spot and gently kick your legs out in front of you            5: Find a safe place to sprint on the spot, for 1 minute, passing an object under your legs in a figure of eight            6: Find a safe spot (e.g. garden) and sprint from side to side (left to right and right to left) for 1 minute</p>	<p>Ready... Steady... Roll a dice (1-6)!  <i>Roll the dice at least six times. Remember to catch your breath between activities and drink water if you are feeling thirsty.</i></p> <p>When you roll a:            1: 10x <b>burpees</b></p>  <p>2: Jump like a frog 15 times and say 'ribbet' for each jump you do            3: Dribble a ball under your foot, for 1 minute, without it rolling away            4: For 1 minute, jog on the spot and move your arms forwards and backwards as if you are swimming            5: Find a safe place to sprint on the spot, for 30 seconds, passing an object under your arms in a figure of eight            6: Find a safe spot (e.g. garden) and sprint on the spot as fast as you can for as long as you can!</p>	<p>Ready... Steady... Roll a dice (1-6)!  <i>Roll the dice at least six times. Remember to catch your breath between activities and drink water if you are feeling thirsty.</i></p> <p>When you roll a:            1: Choose your own jump and jump 10 times. What was your favourite one of the week?            2: Jump like your favourite animal 5 times.            3: Throw a ball from one hand to the other hand for 1 minute. Challenge: Move your arms further apart.            4: Jog on the spot without stopping for 2 minutes.            5: Sprint on the spot, for 1 minutes, holding an object in one hand. Don't drop it!            6: Sprint side to side, forwards and backwards and in circles for 2 minutes.</p>



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