

## Nursery Home Learning Week Commencing 23.3.20

### Phonics and Communication and Language (CL)

- Can you read some rhyming stories at home and support your child to pick out the rhyming words e.g. cat and hat

- Join Oxford Owl for some free e-books [https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age\\_group=Age+3-4&level=&level\\_select=&book\\_type=&series=#](https://www.oxfordowl.co.uk/for-home/find-a-book/library-page/?view=image&query=&type=book&age_group=Age+3-4&level=&level_select=&book_type=&series=#)

Can you work on asking and answering different types of questions starting with who, what, why, where and when related to the stories?

- Visit Phonics Play <https://www.phonicsplay.co.uk/index.htm> and try some Phase 1 listening and attention games. Username: march20 Password: home

- To support with following simple directions, try having a scavenger hunt at home or in the garden to find some treasure.

- Play 'I spy with my little eye...' using initial letter sounds e.g. "I spy with my little eye something beginning with a c-c-c (cat)"

- Play the games 'Fred Says' and 'Fred's Fridge' included in your pack.

### Literacy (L)

- We are beginning to explore the lifecycle of a butterfly and have read the story 'The Very Hungry Caterpillar' by Eric Carle. You can listen to the story and retell it together. <https://www.youtube.com/watch?v=75NQK-Sm1YY>

-Can you talk about the different stages of the life cycle and order the pictures in the pack. Charlie challenge- can you write the initial sounds in the words e.g. b for butterfly. Use the letter formation sheet to help you write the letters.

-Can you look at some non-fiction information about different butterflies? This website has lots of lovely information and resources <https://www.kidsbutterfly.org/life-cycle>

-Read, read, read ☺ We love stories in nursery so try to read a book a day. Talk about the characters in the story. Who is your favourite? What happened in the story?



### Personal, Social and Emotional Development (PSED)

- Can you try 'Charlie's challenge' and build a strong bridge. You could use building blocks, Lego or junk modelling resources.



- Try some of the mindfulness activities in this pack, such as Cosmic Yoga.
- Play some board games to practise waiting and taking turns.

### Physical Development (PD)

- To develop our fine motor skills, the children have been mark making to music in class. Listen to this music and encourage your child to mark make to it. Talk about how the volume and speed of the music changes the way they mark make.  
[https://www.youtube.com/watch?v=PLEQRliSP\\_Q&list=PL9P-m00N1WhaiQlvmXp2JCSCEVQ7mBACX](https://www.youtube.com/watch?v=PLEQRliSP_Q&list=PL9P-m00N1WhaiQlvmXp2JCSCEVQ7mBACX)
- Practise writing their name on their name. Look at and say the letter rhymes as they write each letter.
- Use some chalks to write some letters outside and then paint over the top of them with water.

### Maths (M)

- Use pieces of fruit like 'The Very Hungry Caterpillar' to encourage counting carefully and begin talking about one more and one less. If you eat a piece, how many pieces do you have left?
- Watch an episode of Numberblocks so your grown-ups can get on with some of their jobs. <https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks>
- Use some play-dough to make some biscuits for teddy- thinking carefully about shape, size and quantity.
- Draw a hopscotch with numbers 1-10 on the ground and call out the numbers you land on. Charlie Challenge- use the numbers 10-20!



### Understanding the World (UW)

- Can you explore how we look after different creatures carefully? If you have a family pet, you could talk about how it needs looking after and what to do to take care of it. If you could have any pet, what would you like and how would you care for it? What about wildlife? <https://www.bbc.co.uk/cbeebies/grownups/all-creatures-great-and-small>

- Can you collect twigs and sticks on a walk to make a bug hotel in your garden? Maybe you will spot some minibeasts while you are out hunting for materials! Here is what you need to do: <https://schoolgardening.rhs.org.uk/resources/project/make-a-bug-hotel>



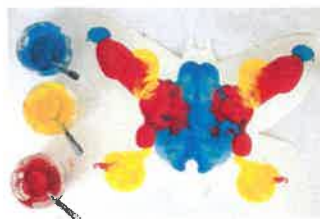
### Expressive Art and Design (EAD)

-Look at use of different colours particularly used by the artist Jackson Pollock. There is some useful information about him here <https://www.tate.org.uk/kids/explore/who-is/who-jackson-pollock>

Could you recreate some of his messy work at home? If you don't have any paints, you could use diluted food colouring a syringe or pipette to drip and splat. You could also use a straw to blow the colours and see what happens when they mix together.

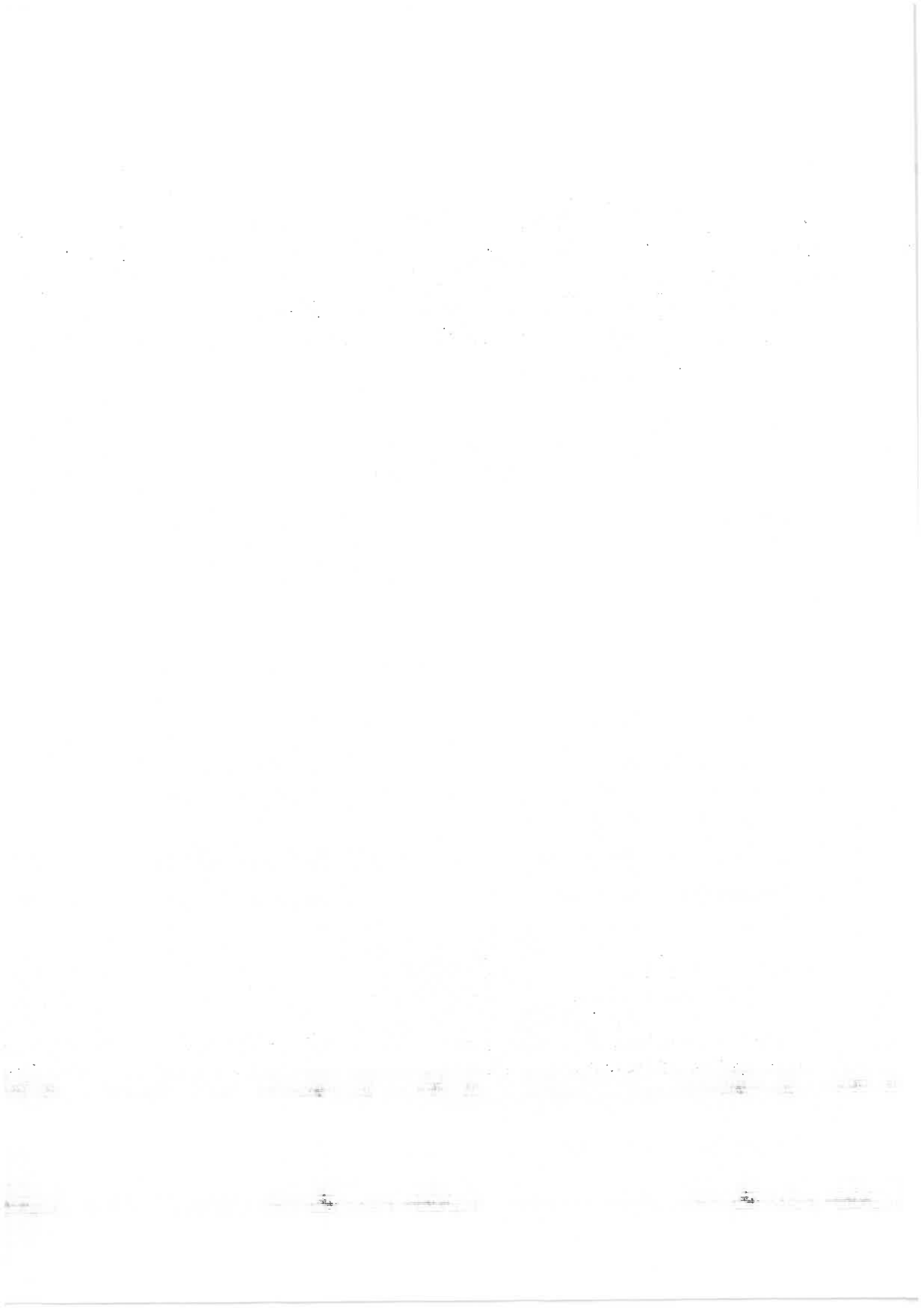
Make some cornflake cakes together. This will be good for following instructions and looking at measuring and changes: <https://www.bbcgoodfoodme.com/recipes/cooking-with-kids-chocolate-cornflake-cakes/>

Can you make a symmetrical picture of a butterfly? Which colours will you use? Is it the same on both sides?



Please add some examples of your child's home learning to Tapestry. We look forward to seeing what you have been learning.

Miss Compton and Miss Wright



# Play some games with Fred frog



## Fred's Fridge

In class, we pretend to look in Fred the frog's fridge. Fred can only speak in sounds i.e. h-a-m and we need to help him to blend the sounds to make the word-ham.




















*You can try this at home with some different words such as j-a-m, p-o-p, e-gg, m-i-l-k etc.*

## Fred says...

Can you play the game 'Simon says' using 'Fred says' and sound out some words when you give the instructions, such as "Fred says j-u-m-p."



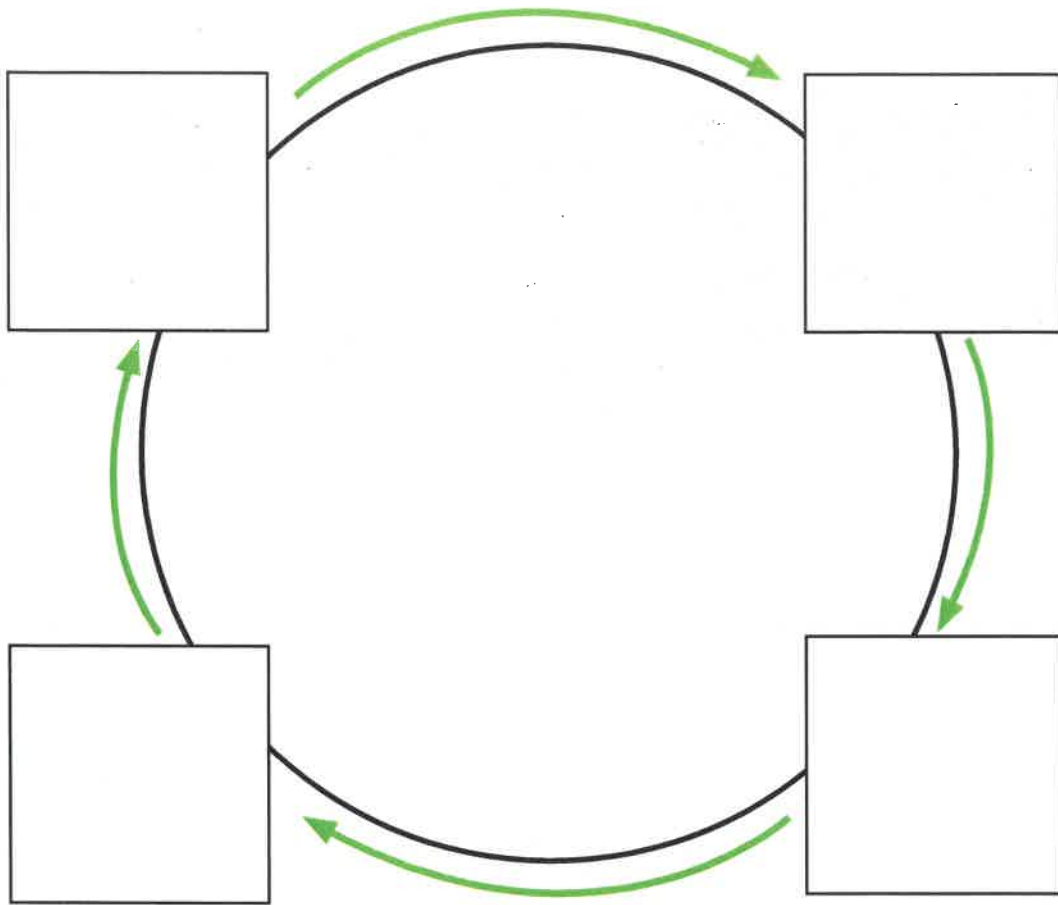
# Rhymes for letter formation - taken from Read Write Inc.

<p>a</p>  <p>Around the apple and down the leaf.</p>	<p>b</p>  <p>Down the laces to the heel and around the toe.</p>	<p>c</p>  <p>Curl around the caterpillar.</p>	<p>d</p>  <p>Around the dinosaurs bottom, up his tall neck &amp; down to his toes.</p>	<p>e</p>  <p>Lift off the top and scoop out the egg.</p>	<p>f</p>  <p>Down the stem and draw the leaves.</p>
<p>g</p>  <p>Around the girls face; down her hair and give her a curl.</p>	<p>h</p>  <p>Down the head, to his hooves and over his back.</p>	<p>i</p>  <p>Down the body and dot for the head.</p>	<p>j</p>  <p>Down his body, curl; dot for his head.</p>	<p>k</p>  <p>Down the kangaroo's body tail and leg.</p>	<p>l</p>  <p>Down the long leg.</p>
<p>m</p>  <p>Down Maisie, mountain, mountain.</p>	<p>n</p>  <p>Down Nobby and over his net.</p>	<p>o</p>  <p>All around the orange.</p>	<p>p</p>  <p>Down the pirates plait and around his face.</p>	<p>qu</p>  <p>Round her head, up past her earring, down her hair, and flick.</p>	<p>r</p>  <p>Down the robots back and curl over his arm.</p>
<p>s</p>  <p>Slither down the snake.</p>	<p>t</p>  <p>Down the tower, across the tower.</p>	<p>u</p>  <p>Down and under, up to the top and draw the puddle.</p>	<p>v</p>  <p>Down a wing, up a wing.</p>	<p>w</p>  <p>Down, up, down, up.</p>	<p>x</p>  <p>Down the arm and leg, repeat the other side.</p>
<p>y</p>  <p>Down a horn, up a horn and under head.</p>	<p>z</p>  <p>Zig-zag-zig.</p>				

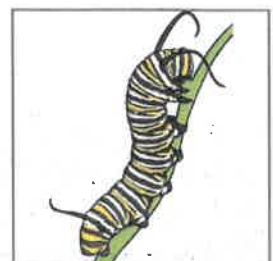




# Butterfly Life Cycle

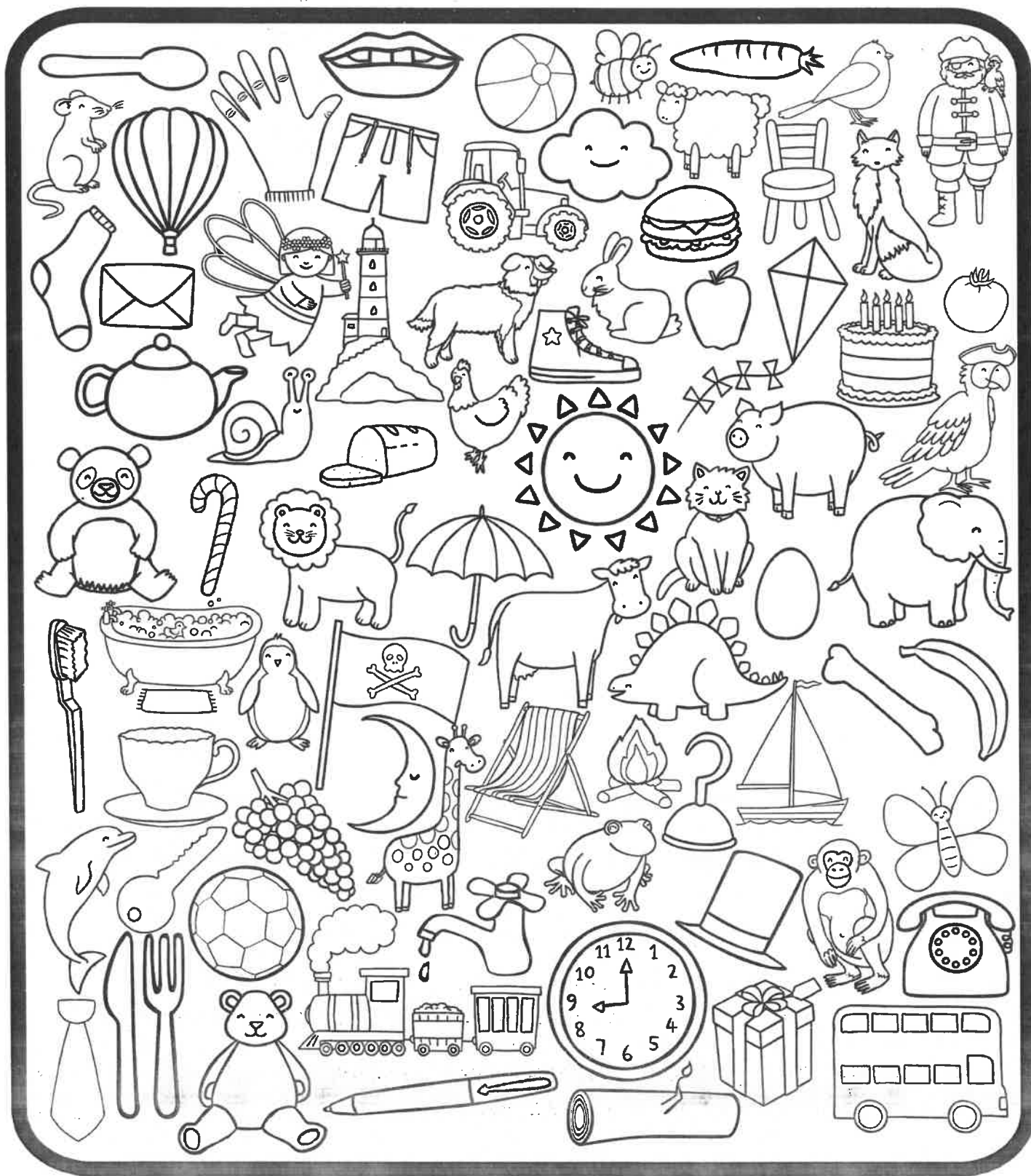


visit [twinkl.com.au](https://www.twinkl.com.au)

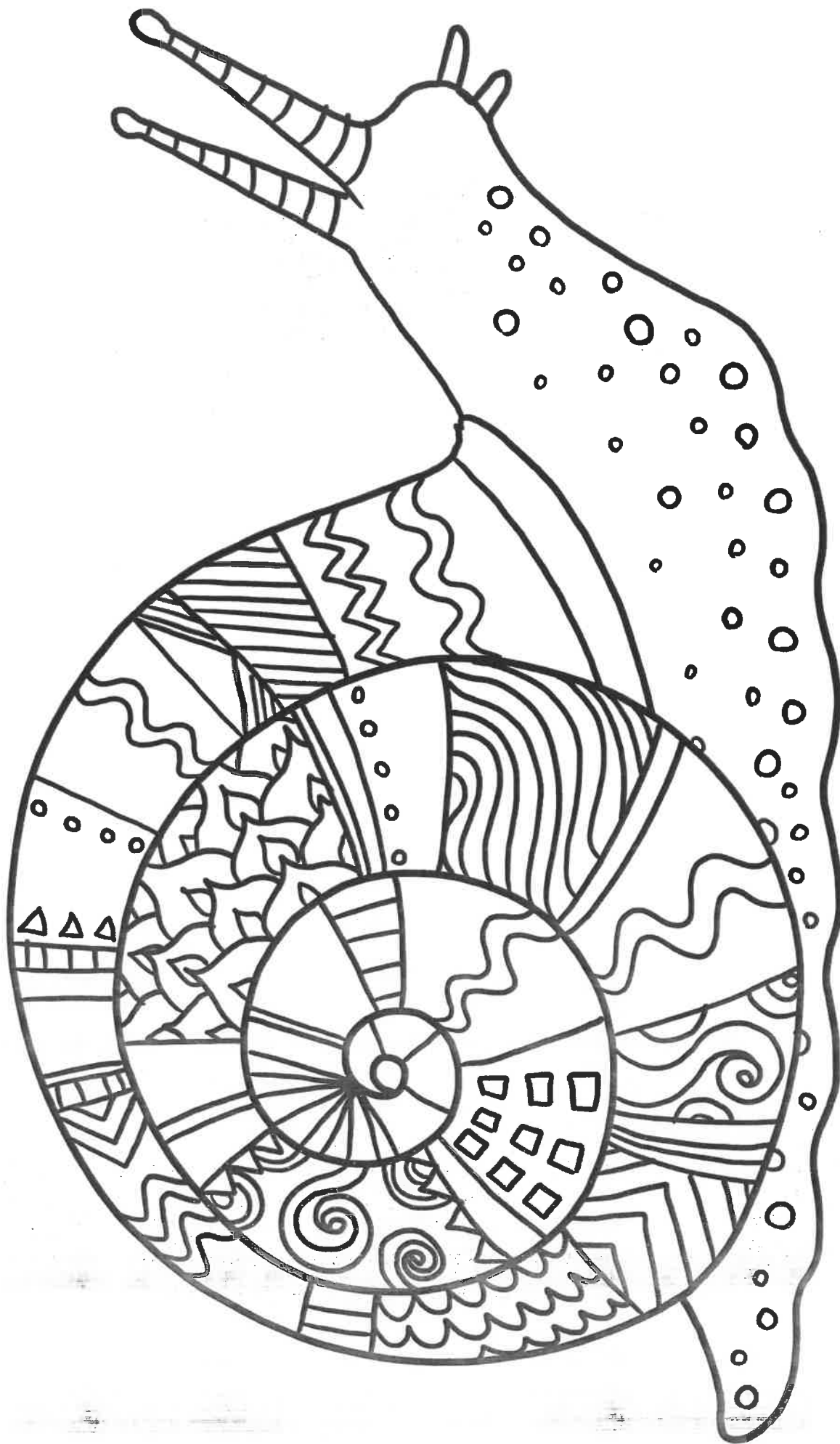




# I spy with my little eye















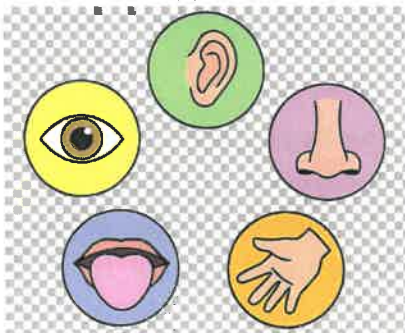




## Mindfulness for younger children

*Mindfulness means maintaining a moment-by-moment awareness of our thoughts, feelings, bodily sensations, and surrounding environment, through a gentle, nurturing lens. When we practice mindfulness, our thoughts tune into what we're sensing in the present moment rather than rehashing the past or imagining the future.*

- Cosmic Yoga: All kinds of yoga built around all your favourite stories including We're going a bear hunt, Pokemon, Minecraft, Frozen, Harry Potter etc. A great use of active screen time  
<https://www.youtube.com/user/CosmicKidsYoga>
- Make a 'den of peace' where you can retreat to if you are feeling worried or need some quiet time to reflect. Add teddies, cushions, blankets, books to make it welcoming.
- Do some mindfulness colouring
- Sit and spend some time doing a jig saw puzzle
- Feed the birds
- Listen to 'Spring' by Vivaldi. What does it make you think of?  
[https://www.youtube.com/watch?v=vLAnt9\\_5Mg](https://www.youtube.com/watch?v=vLAnt9_5Mg)  
what can you see in this video?
- Listen to some calming music with a pen and some paper. Doodle on the paper as you listen to the music. How does this make you feel? Does different music change the way you doodle?



- Think about you're your 5 senses: name 5 things you can see, 4 things you can touch, 3 things you can hear, 2 things you can smell, 1 thing you can taste.
  - Talk about what it means to be grateful. Come up with all the things that you are grateful for and write them on little pieces of paper. Each day reflect back on one of those little ideas together.
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- The Mindful Jar: This activity can teach children how strong emotions can take hold, and how to find peace when these strong emotions feel overwhelming.

-First, get a clear jar and fill it almost all the way with water. Next, add a big spoonful of glitter glue or glue and dry glitter to the jar. Put the lid back on the jar and shake it to make the glitter swirl.

-Finally, use the following script or take inspiration from it to form your own mini-lesson:

*"Imagine that the glitter is like your thoughts when you're stressed, mad or upset. See how they whirl around and make it really hard to see clearly? That's why it's so easy to make silly decisions when you're upset - because you're not thinking clearly. Don't worry this is normal and it happens in all of us (yep, grownups too).*

[Now put the jar down in front of them.]

*Now watch what happens when you're still for a couple of moments. Keep watching. See how the glitter starts to settle and the water clears? Your mind works the same way. When you're calm for a little while, your thoughts start to settle and you start to see things much clearer. Deep breaths during this calming process can help us settle when we feel a lot of emotions".*



- Heartbeat Exercise: Paying attention to one's heartbeat has a role in many mindfulness exercises and activities. To begin, tell your kids to jump up and down in place or do jumping jacks for one minute.

When they have finished, have them sit down and put a hand over their heart. Instruct them to close their eyes and pay attention only to their heartbeat and, perhaps, their breath as well.



- Cut a circle out of paper plate and use string, thread, wool to weave a dream catcher for your room. If you can't get access to card or string, make one using natural objects such as twigs, leaves, long grass, feathers etc.



## PROJECT

## Make a bug hotel

Use this project to make your school and garden more wildlife friendly. It's also great fun finding the materials and building it!

**Estimated time:** 120 minutes

**Location:** Outdoors

**School term:** All year round

**Level of experience:** No experience needed

**Subject(s):** Science, Geography, Social Studies

### Learning objectives

- ✓ Pupils will learn to care for their environment
- ✓ Pupils can identify native animal habitats
- ✓ In this project pupils will select from & use a wide range of materials

### Why do bugs need hotels?

In natural habitats there are endless nooks and crannies where mini-beasts, properly known as invertebrates, can shelter. Crevices in bark, holes in dead wood, piles of fallen leaves, gaps between rocks, hollow plant stems, spaces in dead logs – all these can provide a home for the myriad small creatures that need somewhere to nest or to escape from predators or bad weather. Established gardens can also provide lots of hiding places, but gardeners often like to tidy away the debris where invertebrates might live.

Schools may feel pressure to keep their plots tidy and in a new garden, or one that consists of hard surfaces, the amount of natural cover will be limited. We can help provide more homes by creating bug hotels, which are often interesting and attractive creations in their own right.

### What makes a good bug hotel?

The best bug hotels have lots of small spaces in different shapes and sizes and made from different materials. Ideally some should be nice and dry inside, and others a bit dampish. Bug hotels are generally made from reclaimed materials, or natural objects, which reduces cost, helps them blend in with their surroundings and is probably more attractive to the mini-beast guests.

### Hints & tips

#### What might check in to your bug hotel?

A surprisingly wide variety of invertebrates including nesting mason bees and leaf cutter bees, woodlice hiding from the sun – and woodlice spiders hunting woodlice, earwigs hiding their babies from predators, ladybirds and lacewings hibernating over winter, beetle larvae feeding on the dead wood, funnel web spiders and centipedes storing their prey.



### Preparation

Gather all the materials you may require. If working with younger pupils ask the adults to pile the pallets or materials into a safe tower before the pupils arrive.

### Equipment needed

- Old wooden disused pallets
- Twigs, logs with holes drilled in them, bark, bamboo canes, straw, pine cones
- Terracotta pots, pipes, old roofing slates or tiles
- Green roofing material, turf or other solid material to cover the top or 'roof' of the bug hotel!



Start with filling the lower part of the bug hotel with the larger objects like pipes, pot and roofing tiles.



As you continue to fill up the layers of the bug hotel add pinecones, bamboo canes, straw, bark and logs or wood with drilled holes.



It's going to take a lot of work so ask your friends to help you.



Keep going until you are happy that the bug hotel is full and that insects will want to stay there.



Ask an adult to help you with the highest parts and don't forget to put a roof on top keep the hotel dry and waterproof.

