

*Does it feel like you are using lots of energy
correcting your children's behaviour?
Are you looking for ways to strengthen your family
relationships?*



Free one off workshop for parents/carers

Manager of Early Help Services, Kirsty Pitcher from The Benjamin Foundation has been trained in the Nurtured Heart Approach® which helps you to recognise what is going right and create opportunities for the type of behaviour you want to see more of.

Come along to our parents' session and find out about the Nurtured Heart Approach® and how you can use this simple but life changing approach at home.

Tuesday 11th October 2016 from 6-8pm
At Queen's Hill Primary & Nursery School
Coffee and biscuits will be available

**To find out more or to book your free place/s please phone
Parent Support Adviser Barbara Peek on 07825 130002 or email
barbara.peek@benjaminfoundation.co.uk**



The Benjamin Foundation
Working in partnership with Queen's Hill Primary & Nursey School

The Nurtured Heart Approach® was created by Howard Glasser For more information visit
www.childrensuccessfoundation.com