

Week One

Meat Free Monday		Tuesday		Roast Wednesday		Thursday		Fishy Friday	
Option 1	NEW	Vegetarian Bolognese with Pasta Twists	Butcher's Choice Local Pork Sausages	Roast Chicken with Stuffing and Gravy	Italian Bean Bake	Mild Beef Enchilada Bake	Vegetarian Korma	Breaded Fish Fingers	Vegetable Burger
	NEW	Mac 'n' Veg Slice	Quorn Sausage	NEW	Savoury Potatoes, Spring Greens and Carrots	Steamed Rice and Broccoli	Jacket Potato with Cheese	Chips with Garden Peas or Baked Beans	Jacket Potato with Cheese and Beans
Option 2 (v)		Hand-Made Herby Bread, Garden Peas and Sweetcorn	Omelette, Hash Brown and Baked Beans		Jacket Potato with Baked Beans	Apple Flapjack			
		Jacket Potato with Tuna Mayonnaise	Fruity Jelly with Cream		Peach Crunch with Natural Yoghurt				
Served With		Mini Shortbread with Seasonal Fruit Wedges							
Jacket Potato Option									
And for Pudding									

Week starting: 20 Feb • 13 Mar • 17 Apr • 8 May • 5 Jun • 26 Jun • 17 Jul

Did you know?
Our Breaded Fish Fingers have lots of Omega 3 for extra brainpower - just what you need during the school day!

Week Two

Meat Free Monday		Tuesday		Roast Wednesday		Thursday		Fishy Friday	
Option 1		Roasted Pepper Pizza with Baby New Potatoes	Chicken Korma with Naan Bread	Traditional Roast Beef with Yorkshire Pudding, Mashed Potatoes and Gravy	BBQ Pork Meatballs with Pasta Twists	Breaded Fish Fingers or Salmon Fish Fingers	Quorn Sausage		
		Quorn and Sweet Potato Curry with Rice	Veggie Balls in Mediterranean Sauce						
Option 2 (v)		Mixed Salad	Steamed Rice and Broccoli	Vegemince Cottage Pie	Green Beans and Cauliflower	Cheesy Pasta with Hand-Made Garlic Bread	Carrot and Pea Medley		
		Jacket Potato with Tuna Mayonnaise	Jacket Potato with Coleslaw	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Pancake with Peaches and Cream	Jacket Potato with Cheese and Beans		
Served With		Mini Oaty Biscuit with Seasonal Fruit Wedges	Superfood Blueberry Muffin	Apple Crunch with Natural Yoghurt					
Jacket Potato Option									
And for Pudding									

Week starting: 27 Feb • 20 Mar • 24 Apr • 15 May • 12 Jun • 3 Jul

Did you know?
The Summer Berry Crunch with Natural Yoghurt has berries bursting with Vitamin A which is good for your eyesight and the yoghurt is full of Calcium to help keep your bones strong!

Week Three

Meat Free Monday		Tuesday		Roast Wednesday		Thursday		Fishy Friday	
Option 1		Cheese and Tomato Whirl with Tossed Pasta Salad	Ranch Pie with Gravy	Succulent Roast Pork with Apple Sauce and Gravy	Smokey Joe's Chicken with Pasta Twists	Krispy Fish			
			NEW						
Option 2 (v)		Vegetarian Bolognese with Pasta	Vegetable Chilli with Rice	Quorn Fillet	Vegetable Lasagne	Spanish Omelette			
Served With		Garden Peas and Sweetcorn	Spring Greens and Carrots	Roast Potatoes and Mixed Vegetables	Green Beans and Sweetcorn	Chips with Garden Peas or Baked Beans			
Jacket Potato Option		Jacket Potato with Tuna Mayonnaise	Jacket Potato with Coleslaw	Jacket Potato with Baked Beans	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans			
And for Pudding		Mini Flapjack with Seasonal Fruit Wedges	'All Time Favourite' Toffee Cream Tart	Summer Berry Crunch with Natural Yoghurt	Chewy Bar	Fruit Gateau			

Fresh Bread, Salad, Fruit, Milk Drink and Water are available every school day. Jacket Potatoes are served with Daily Vegetables or Salad. Please check with your school if the Jacket Potato Option is available.

Week starting: 6 Mar • 27 Mar • 1 May • 22 May • 19 Jun • 10 Jul

Did you know?
Our recipe for Italian Bean Bake is packed with Protein and Fibre. Protein is used for your muscles and immune system, while Fibre helps your digestion!