

Welcome to...

# E-Safety for parents

**Luke Brent-Savage**  
Education Child Protection Ltd.

Education  
Child   
Protection

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“When we change how  
we **communicate**,  
we change **society**”  
(Clay Shirky)

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**There are 7.1 billion people on the planet,  
...there are 7.4 billion active mobile phones**

1.5 billion profiles worldwide  
300m photos uploaded every day 

770 million users worldwide  
1 billion tweets every two days 

300 hours of video posted every minute  
4 billion videos watched every day 

1 billion users worldwide  
34 billion messages sent every day 

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**CEOP**



www.ceop.police.uk    www.thinkuknow.co.uk

Child Exploitation Online Protection Centre



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There are **education programs** for all primary and secondary year groups, including **age-appropriate films** to show the children.



**'Animal Magic'**  
2-8 yr olds



**'Jigsaw'**  
8-11 yr olds



**'Exposed'**  
11-18 yr olds

UK average age - first mobile phone : 9 years  
81% of UK's teenagers own a smartphone

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**THINK UP KNOW** Welcome to CEOP's Thinkuknow

Some AI to find the latest information on the sites you like to visit, websites and new technology. Find out what's good, what's not and what you can do about it. If you look after young people there's an area for you too... with resources you can use in the classroom or at home. Most importantly, there's also a place where anyone can use to report if they feel uncomfortable or worried about someone they are unable to inform, or the information here is brought to you by the team at the [www.ceop.police.uk](http://www.ceop.police.uk). We hope you like it!

Are you...

5-7?

8-10?

Parent/  
Carer?

Teacher/  
Trainer?

11-13?

14+?

First report something you report? Find out how to get help when things go wrong. The advice about happens in the interactive film.

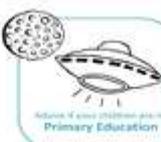


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**THINK UP KNOW** Parent and Carer

Welcome to CEOP's Thinkuknow for Parents and Carers!

CLICK CEOP  
Internet Safety



Advice if your children are in  
Primary Education



Advice if your children are in  
Secondary Education

**THE PARENTS' AND CARERS' GUIDE TO THE INTERNET** 

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Keeping ourselves safe...Splatter says...

# REAL FRIENDS

It's easy to draw a picture of an offline friend, but you don't always know who an online friend is.

Always talk to your parents about friends you meet online.



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Keeping ourselves safe...Waldo says...

# TELL SOMEONE



If you get stuck, or anything online upsets you, talk to your Mum, Dad or another adult.

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Keeping ourselves safe...Gaby says...

# ASK FIRST

Check with your parents before you download anything new.

Some apps and games may cost money, or may not be good for you, your computer, or your phone.



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## When should I report to CEOP...?

If you are being asked to **do something** that makes you **feel uncomfortable**



If someone is being **insistent** on **meeting up**



Maybe **inappropriate chat** messages you are receiving



Someone acted **aggressively** or **threatened you** online, or another child you know



 **REPORT ABUSE** 

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**Chat**

**WhatsApp**  
WhatsApp is an instant messaging app, which lets you send instant messages, images and videos to friends.

**Oovoo**  
Oovoo is a video chat app. It lets you make video calls, voice calls and send text messages. You can webcam up to 12 people at once.

**Viber**  
Viber lets you text, call, share photos and send video messages to people worldwide.

**BBM**  
Blackberry's BBM is an instant messaging app. You have your own 4 digit PIN and other people can only add you using this number.

**Tango**  
Tango is an app which allows you to make voice calls and video calls, and have group chats.

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**Chat (2)**

**Kik**  
Kik is an instant messaging app which lets you share messages, photos, games and news, or organise events.

**Facebook Messenger**  
Facebook Messenger is an app which allows users to communicate with their friends from their Facebook account or phonebook.

**Wiper**  
Wiper is a free messaging service. Texting you can erase from your friends' phones, plus encrypted messages.

**Hangouts**  
Google Hangouts is a platform by Google which includes instant messaging, video chat and SMS features.

**IMO**  
Message and video chat with your friends and family for free, no matter what device they are on.

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## Video



**Skype**  
Skype is a computer programme and app, which lets you make audio and video calls to friends and family.



**Vine**  
Vine is an app that lets you share 6 second videos that play on a loop. You can repost videos and leave comments.



**Omegle**  
Talk to Strangers! Omegle randomly connects you to another person who's on the site, and lets you talk to them in a one-to-one video chat.



**Facetime**  
Facetime is video calls over Wi-Fi from your iPhone, iPad, iPod touch or Mac. You can even make FaceTime calls over mobile networks on iPhone or iPad

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## Video (Music)



**Dubsmash**  
Dubsmash is a mobile app where users can choose an audio recording or soundbite from movies, shows, music, and internet trends and record a video of themselves dubbing over that piece of audio.



**Video Star**  
Video Star is a great app for teens who want to create original music videos.



**Triller**  
Triller is a music video maker app for iPhone. Pick a song, select the portion of the song you want to use, snap a few takes, and with the tap of a button you have a celebrity-quality music video



**Musical.ly**  
Musical.ly is a video community that allows you to create, share, and discover short videos.

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## Social Networks



**Facebook**  
Facebook is the biggest social network, which lets users create a page about themselves.



**Tumblr**  
Tumblr is a social networking site and blogging site that lets you share text, photos, quotes, audio clips and videos.



**Skout**  
Skout is a simple social networking site an app, which you can use to connect with people worldwide.



**Twitter**  
Twitter is a social network messaging service that lets you send public message called 'tweets'.

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## Social Networks (Pictures)



**Snapchat**  
Snapchat is an app that lets you send a photo or short video to your friends. The 'snap' appears on screen for a matter of seconds before disappearing.



**PopJam**  
PopJam is a creative website for children and young people. You can share drawings, photos and audio messages with friends and other people.



**Flickr**  
Flickr is an online photo sharing site. You can share your own pictures and follow other people.



**Instagram**  
Instagram is a picture and video sharing app. Users can post content and use hashtags to share experiences, thoughts or memories with an online community.

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**Language Children Use Online..**

- ASL?** 'Age, Sex, Location'
- POS or PIR** 'Parent over Shoulder' or 'Parent in Room'
- IRL or LMIRL** 'In Real Life' or 'Let's Meet in Real Life'

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**Helpful sites for Parents & Carers**

**NSPCC NetAware** [www.net-aware.org.uk](http://www.net-aware.org.uk)

**Your guide to the social networks your kids use**  
Stay up to date and help your child safe in today's digital world

Allows parents and carers to **search** for apps, games and sites if they have a **concern** or **need more information**

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**Making things safer....**

**BT** **Sky** **Virgin media** **TalkTalk**

**Parental Controls**  
Because of INTERNET dangers, parents must take the initiative to protect their children.

XBOX ONE PS4

**Making things safer....**



These will allow you to prevent children from accessing certain sites - but they are not a completely full-proof system

**Making things safer....**



Parental controls for tablets / smartphones are available too - as always, try them and see which works best for you and your family

**Making things safer....**



**Making things safer....**



### Making things safer....



**Step 1 - Go to safety preferences**



Simply go to the bottom of any page on YouTube™ and click the grey 'Safety' button to open the preferences setting.

**Step 2 - Turn Safety Mode 'on' or 'off'**



Choose to turn Safety Mode 'on' or 'off' and click on 'Save'. If you turn it on and you have a YouTube™ Google account, you can sign in to your account and lock Safety Mode so that no-one else can change the settings whenever YouTube™ is accessed from that browser.

### Making things safer....



**Step 2 - Decide what you want to control**



**ratings and content**  
These settings let you restrict games and video content based on the content's rating. You can also tell whether or not unrated or explicit content can be played on the console. You can even set up exceptions for individual games that are outside of the rating restrictions you have set.

**Family Timer**  
This setting allows you to set the time that your console can be used on a daily or weekly basis.

**Xbox LIVE access**  
This setting allows you to decide if your family can connect to Xbox LIVE from this console. Membership of Xbox LIVE enables you to do things like rent films and play games against other people online.

### Making things safer....

## PlayStation




**Restrict game content**

- 1 Go to 'Settings' then scroll to 'Security Settings'.
- 2 The default password is 0000 but you can change this under the 'Change Password' option by following the on-screen instructions.
- 3 Select 'Parental Controls', enter your password.
- 4 You can now choose the game content you're comfortable letting your family access. The lower the number, the stricter the settings:
  - 2 - Early Childhood
  - 3 - Everyone
  - 4 - Everyone 10 and up
  - 5 - Teen
  - 9 - Mature
  - 10 - Adults Only
- 5 From 'Parental Controls' you can also block access to online play by toggling 'Internet Browser Start Control' to 'Off'.



### Simple checklist for parents:

- I have visited [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) with my child (I have bookmarked the CEOP website and told my child what is there)
- Open and honest dialogue - show an interest and learn about what your child does online
- Phone chargers / Wi-Fi - staying in control!
- Advertise yourself as one of the people your child can turn to - without being chastised...
- Education is better than saying to your child "you are not doing this anymore..."

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